



Article Side

Dissertation Help for the Festive Period by [Ashish Pandey](#)

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Writing a dissertation can be a daunting task at the best of times, but when Christmas approaches many students find it especially hard to balance the responsibility of academic work with enjoying the festive period. When you are working on your Masters dissertation, it can seem like your reading list is endless and your word count insurmountable, and it's easy to feel like you simply don't have time to spare for festive fun. But help is out there and it really is possible to enjoy yourself at Christmas and still stay on top of your workload.

One great way to get your work on the fast track is to log on to a website and take advantage of a wide variety of tips and advice on how to structure and format your dissertation. Looking at other people's work can be a great way to get inspiration and ideas for your own topic and when you're not sure how to go about tackling such an enormous piece of written work it can be invaluable to see examples. Getting new ideas about structuring and organising your work can really speed things up, giving you more time to take a day or two off over the Christmas period.

Dissertation help is available from a wide variety of sources – many college and university libraries hold archived copies of former students' work, which can be really helpful to look at if you're not sure what's expected of you. You'd also be amazed how useful a fresh pair of eyes can be, so swapping your work with a friend and giving each other honest, constructive feedback can be a great way to move forward over the holidays, when you're not getting feedback from your university supervisors.

Writing a long dissertation can be even more intense than a full-time job, because unlike in an office, there's nobody to tell you when it's time to pack up and call it a day. It is incredibly important to make sure that you pace yourself and take proper breaks, especially over holidays like Christmas. You can become frustrated and stuck in a rut if you force yourself to work endlessly while others are celebrating. Even if you just allow yourself a few hours' break each day over the festive period, studies have shown that students who give themselves time off are actually far more productive. Celebrating Christmas doesn't mean your work has to grind to a halt, but that next chapter can wait while you enjoy just one slice of Christmas pudding!

Finally, don't forget that academic help is available even when universities are closed for Christmas – there are hundreds of fantastic forums and articles available online to help. From formatting queries to footnote problems, there's likely to be an expert much closer to hand than you might think! And if you're really stuck, remember that dissertation supervisors are often happy to arrange one-off sessions during the holidays to tide you over until the New Year.

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