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Pamplona is an interesting Spanish town to visit as it offers both tranquility and excitement to the holidaymaker. Holidaymakers have a choice between adrenalin pumping activities and soothing atmospheres of relaxation for their ideal holiday in Pamplona.

Adventure holiday

For those who want an adrenalin pumping adventure in Pamplona, July would be the best month of visit. The bull runs form the famous San Fermin festival where participants run with the bulls released along the city streets.

This festival lasts 8-9 days with daily bull running although this is just one small portion of the fiesta. There is an elaborate celebration of merry making, dancing, music, drinking, contests, bands, performances and parades from day to night.

The crowd swells to three times the local population during the San Fermin festival. Everyone is in a joyous mood with a lot of feasting and celebrating. Bull fights carry on from the bull running as the bulls are ushered into the local bull ring to challenge the matadors. The crowd cheers as the matadors display their skills in handling and overcoming the raging bulls.

Tranquil holiday

Alternatively, one can enjoy the tranquil offerings of Pamplona by visiting its quiet surroundings especially outside of July. One can enjoy the northern wine region located southwest of Pamplona. This brings one to Rioja which is a typical quaint village in the region. Tourists can enjoy a bicycle tour around the countryside with stops at vineyards and bodegas to savor some excellently produced local red wines.

Pamplona and its surroundings also offer splendid panorama from the majestic northern mountains which bring on the cool atmosphere in the evenings. One would enjoy an evening stroll or a restful night in such condition.

Tourists can take on a laid-back lifestyle like the locals who do not care much about the time. Shop hours and meal times are flexible with the siesta hour a definite ritual. This is when the town and villages become virtual ghost-towns.

There is the beautiful Navarra province with rugged Basque countryside for more serene surroundings to soothe the soul. Tourists who come to Pamplona for a quiet holiday would find it all here and around the countryside. The local Basque tribe offers a warm hospitality with their culture and language. One can enjoy walks and natural discoveries in and around Pamplona; the different landscapes offer different impacts to the visitors who want a leisure holiday in Pamplona. There is no watching of time here.

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