



## Article Side

Self Catering is Great by [Kate Smith](#)

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If thereâ€™s been one benefit of the current global financial crisis, it been that people have started to become more thoughtful about how they spend their money. This has meant that more and more people in the UK are electing to take their holidays domestically, which has provided a real boost for the UK tourist industry.

We Brits donâ€™t tend to appreciate it, but the UK is home to some of the most spectacular tourist destinations in Europe, and in the south of England Sussex and the outstanding natural beauty of the South Downs stand out as one of the jewels in Britainâ€™s crown. Better still, Sussex is host to a fantastic array of self-catering accommodation, allowing holiday makers to save even more money and stretch their budgets far further than they would be able to by staying in hotels or embarking on package holidays. If youâ€™re holidaying with a group of people, you can make savings of totaling hundreds of pounds a day by electing to go on a self-catering holiday rather than staying in a hotel.

Aside from the financial benefits that booking a self catering holiday brings, there are numerous other advantages to be gained from choosing to holiday in a rental property. One of the main benefits youâ€™ll notice almost immediately is the sense of freedom you get from staying in a rental home. Itâ€™s truly refreshing to find yourself somewhere new and not be surrounded by other hotel guests or staff members. When youâ€™re staying at a hotel you can often feel like youâ€™re constantly working to their agenda: check in times, making it down in time for the breakfast that youâ€™ve paid for, making sure the room is tidy for the maids â€“ a self-catering holiday gets rid of all these small but significant inconveniences.

There is added freedom too in the fact that on a self catering holiday you can be as active or as private as you want. Because of the range of self catering accommodation in Sussex in particular, you can pick between isolated hilltop residences or bustling town centre homes. Sussex is blessed with a wealth of picturesque villages, and staying in a cottage in the centre of one of these is the perfect way to immerse yourself in the local community.

Indeed, this ability to reside in the heart of the local community really adds to the authenticity of a British holiday experience. Whatever your destination, youâ€™ll find that you get a much more satisfying holiday when you can mix with the local residents and often the tips and advice they give will result in you discovering locations and experiences that arenâ€™t mentioned in the guidebooks. Staying in a local community makes you less of a tourist and more of a traveler.

If youâ€™re interested in booking a self catering holiday then the internet is a great place to search for a suitable location. For properties in Sussex, the website of a company called Amberley House Cottages is a good place to begin your search, as they not only offer one of the widest selections of properties to choose from, but they also have a useful search facility on their website which makes it easy to find properties that meet your needs and are available in your chosen timeslot.

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John Stamford is a freelance writer who lives and works in London. He frequently takes holidays in Sussex and the South Downs, having fallen in love with the area when he first visited it as a child.

The article tells about a [Self catering accommodation in Sussex](#)

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