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Flights can be seen as a strenuous but necessary part of travelling to a vacation destination. Fortunately the time spent in the air can be redeemed in various ways so that your plane trip does not have to be difficult. It can be made useful or enjoyable depending on how you choose to use your time on the plane.

You may want to catch up on your sleep while on the plane. While you are in the air travelling through the night you may follow your usual routine and get some much needed rest. If you expect a time charge at your end location you should try to sleep according to the time of your destination.

Take the time to read up on the local attractions. In you have invested in a travel magazine or a book about your destination, while you are on the plane is a good time to crack it open. Once you arrive you will not be as interested in it since you will wish to see the sights and take pictures without breaking to take out a book. If you have already learned the material you will be able to act as a guide to your travel companions.

Take the time to lean back and enjoy a good book. If you are an avid reader a long flight can be transformed into a time of adventure and drama as you enter into the world of fiction. It is a good time to read and if you want to purchase a book most airports sell the latest novels if you forget to get one before you leave.

Perhaps you do not enjoy reading quite that much, well then there is the digital option, watch a movie. If you bring your own mini DVD player, or a laptop you can watch your own DVD. Some flights offer wireless internet so that you can watch movies for free on the internet. Some flights provide in-flight movies that can be heard through headphones.

You could use the time you have on the plane to discuss your plans with travelling companions. Whether you're travelling with your spouse, in a group, or with a friend travelling with other makes any trip even better. You will be able to discuss what you are excited about, consider where you need to be cautious, and go over travel pamphlets together. Anything you still need to iron out in your planning can be worked through in your time on the plane.

Meeting new people is always fun, on a plane you will have plenty of opportunities to do just that. Strangers can be very interesting people to talk to, you may discover similarities, hear interesting stories and much more. Since you are both stuck why not entertain each other? For all you know you may discover a distant relative where you thought you were talking to a total stranger.

While some consider that flights are bound to be boring, that most certainly does not need to be the case. There are many ways that time in the air can be used in useful and enjoyable ways that can make an ordinary aspect of your travels memorable.

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