Is Shilajit Capsules Effective in Curing Premature Ejaculation?

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Premature ejaculation is an annoying condition where a man ejaculates more quickly than he wishes to. More specifically, it is a male sexual problem characterized by the inability of a man to hold back his ejaculation. This problem, also referred to as rapid or early ejaculation can be caused by a number of factors, including abnormal levels of hormone, irregular levels of neurotransmitters in the brain, abnormal ejaculatory reflex activity, relationship difficulties with partner, use of medications that affect the brain's chemical messengers, quitting some medications, and psychological problems like anxiety, stress, worries about catching a STD infection, and guilty feelings.

Certain physical conditions, such as thyroid problems, inflammation and infection of urethra, prostate problems, erectile dysfunction, diabetes, high blood pressure, and damage to the nerves caused by a surgery or injury can also lead to premature ejaculation. This problem is actually quite usual among men and if it occurs only occasionally, there is no need to worry. Some men tend to have frequent episodes of premature ejaculation and they may require treatment to overcome this problem.

A side effect of some antidepressant medications is delayed ejaculation and these medications are thought to be effective in treating premature ejaculation. However, never use these medications without consulting your doctor. One recommended way to avoid premature ejaculation is to apply a topical anesthetic cream that contains prilocaine or lidocaine on the genital organ. Psychological counseling can be helpful for those whose premature ejaculation is due to an underlying psychological issue. There are also certain techniques, such as "stop and start technique" and "squeeze method" that may help delay your ejaculation.

Taking shilajit, an ayurvedic medicine with excellent aphrodisiac properties, is considered to be one of the best and most effective ways to avoid premature ejaculation. Shilajit is a natural compound made up of humus and decayed plant matter. It drips from the rocks of the Himalayan Mountains during summer season. This powerful natural medicine has been used for thousands of years to cure sexual problems and to enhance sexual performance. It is equally beneficial for both men and women.

Shilajit can provide you with several health benefits. It purifies blood and enhances blood circulation. This mineral compound has been recognized as a good natural remedy for a wide range of medical illnesses, including gastric ulcers, hemorrhoids, dyspepsia, worm infestation, kidney stones, gallstones, dysuria, urine incontinence, menstrual problems in women, leprosy, jaundice, and epilepsy. It can be beneficial in the treatment of diabetes, Alzheimer's disease, arthritis, spondylosis, and respiratory conditions like asthma and chronic bronchitis. It is also an excellent natural anti-aging agent and can improve learning and memory skills.

Is Shilajit Capsules Effective In Curing Premature Ejaculation: Shilajit is really a time-tested ayurvedic aphrodisiac medicine that helps relieve several male sexual problems, including premature ejaculation, erectile dysfunction, low libido, low sperm count, and physical weakness. It is effective to improve energy, stamina, and endurance and to boost your libido and sexual health.

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Read about a Herbal Treatment for Premature Ejaculation. Also know a Shilajit Capsules Benefits. Find effective a Safed Musli Capsules to improve health and vitality.

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