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Low or nil sperm count is one of the most common causes of male infertility, but there are many herbal treatments for nil sperm count which provide natural cure in a short duration. The problem of nil sperm count is called as Azoospermia, though low sperm count is the more common problem compared to nil sperm count. The two major reasons for nil sperm count are obstructive Azoospermia and testicular failure, obstructive Azoospermia occurs due to blockage in the ducts passing sperms from testis to male organ whereas testicular failure completely stops production of sperms. There are multiple causes of the problem like viral orchitis, HGH deficiency, mycoplasma infections and obesity. People suffering with this problem may not face any problem related to libido, sexual behavior and discharge of semen and may lead normal life. Herbal treatment for low sperm count is the most effective way to cure the problem without any side effects.

Aloe vera juice is one of the easiest natural cures for Azoospermia, juice of aloe vera supplements the body with antioxidants and prevents effects of ageing on the body. It also counters infertility in males due to high stress and obesity. Withania Somnifera is another very effective herbal treatment for Azoospermia. This herb is renowned for providing anti-ageing effects and maintains secretion of human growth hormone. Regular intake of this herb keeps nerves relaxed and energized and also prevents occurrence of health disorders like anxiety, stress and depression, it also improves libido, controls blood sugar and maintains thyroid functions.

Asparagus adscendens is another herbal treatment for Azoospermia which is used in various medicines and provides very effective natural cure to the problem. This herb rejuvenates reproductive organs and improves sperm quality naturally. This herb has been used to increase semen volume, sperm quantity and sperm motility since ancient times and is free of side effects.

Shilajit is renowned for its magical properties and is regarded as one of the strongest and powerful herb, this is very effective natural cure to the problem of Azoospermia too. Shilajit comes loaded with 85 different essential nutrients which are not available through the diet. With regular intake of this herb person not only gets supplemented with vital nutrients but these get absorbed in the body easily and quickly. This is one of the most powerful anti-ageing herbs which maintain youthful energy and vitality for longer period in life. Regular dose of Shilajit is one of the most effective herbal treatment for Azoospermia.

Tribulus terrestris is another very potent herb for alleviating the problem of nil sperm count and has been used since ancient times for curing the problem. This herb wonderfully improves blood flow and removes blockages in blood vessels and ducts, it also improves semen quality naturally and is used as single treatment for the problem of Azoospermia. Maintaining healthy lifestyle and proper diet increases effects of herbs and bring in quicker and better results in a short duration. The most important thing is it 100% safe and effective.

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