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Skating becomes too easy when the weather is good. Otherwise, itâ€™s very difficult to skate in the summers or hot weather. During the day, when the sun is up, the sweat comes out of the body in seconds, thereby spoiling the fun of skating. Thus, usually the skaters skate in the skating arenas or stadiums. But, there are many amateur skaters who practice roller skates on the road after the sun goes down. Practicing on the road during the evening time is a good habit but it involves great risks. No doubt, it protects you from the heat strokes caused due to sun.

There are several advantages and disadvantages of skating late in the evening. The biggest advantage is that in the evening, the tarmac on roads become hard and dry that allows you to skate smoothly on the road in comparison to the day hours when the sun makes the road sticky and pliable. Moreover, in the late evening hours, the traffic is very less as everybody returns home. Hence, this makes it easier to skate at that time. Also, in those hours, the surroundings are peaceful and calm that lets you concentrate more on your skating.

The biggest disadvantage of skating during late evening hours involve the danger from the vehicles on the road. Although, you need to take necessary steps for preventing any type of mishappening. These steps include:

â€¢Wear the bright neon colored dresses like the dress which is bright red, bright orange, or bright yellow. This is done so that you will be clearly visible to the coming vehicleâ€™s driver. You must use the neon colors as they are very bright colors and they reflect in the dark.

â€¢You should wear a sturdy helmet to keep yourself safe. Itâ€™s better, if you use the neon colored helmet because the neon color reflects the headlights of the vehicles in a better way that makes the driver to see you.

â€¢You can also use the glittering neon stickers on your roller skates for greater safety.

â€¢You must survey the routes of the area (during the daytime or evening) where you want to practice skates in the late evening hours. See whether all the street lights work properly, and if the area seems dark enough, then, choose another nearer area. Also, check for any potholes or pits in the respective area and if you notice any potholes, then, select an alternate path.

â€¢Always try to do your practice on the pedestrian tracks built on the road sides.

â€¢If you donâ€™t feel comfortable skating alone in the late hours, you can take your family member along with you.

Following the above steps will prove beneficial for you. However, it is also essential that you buy the roller skates that are comfortable and screwed tightly. This is must for the best practicing and learning experience. We hope you will have a sound skating experience.

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