Article Side

First Time on the Green

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If you are a novice golfer, and need direction to put your game on the right track, you require learning many things in earnest. For example, you need skills on how to hold the club properly. Your stance should be proper, and you must learn the correct swing to connect the golf ball to the driver. The best way to learn is to look for a competent PGA professional and take lessons individually or in a group. This will go a long way in letting you develop your golfing skills and to acquire techniques to make your game enjoyable.

You must learn slowly so that you get the best results. Do not just land up at the driving range, bring out your driver, and begin to swing. During the first session or at least half of the first session put all questions you have to your instructor and try to follow and understand the answers. You must also use this session to build up rapport and be at ease with each other.

In learning golf, your initial focus should be on putting. Putting is the best way to build a sound foundation for power control and most importantly let you learn to concentrate on the target. It will also help to build up your confidence to a very great extent as you find your putts going in the hole even from three or four feet. During the next phase, start practicing chipping and short pitch shots aimed at a particular target. By this, you will learn how to make solid contact with the ball and learn techniques to ensure your shots travel a long distance using very little power.

It is essential that you keep up with your practice, and try out techniques you learnt during the first session. Your instructor will need to quiz you, and clear your doubts on points related to any issues you may have encountered. It is essential that your instructor control your pace of learning at every stage. Overall, the first session means constant reviewing and repeating of basic golfing concepts. By the time you reach the end of the first session, you may have a putter and a number 9 iron and/or a PW for practicing. Being new to the game, you must always wait for some time before you buy yourself a complete set of clubs.

A couple of sessions later you may find yourself in a position to tackle the full swing. A good way is to start by swinging without a ball. Concentrate on fundamental issues like stance, grip, and brushing the ground using your golf club. Start slowly beginning with short swings; this will let you grasp the concept of the full swing. When you can hit the ball consistently, do it slowly and comfortably aiming at short targets.

Do not forget to do your homework for building stamina, agility, and strength. Go for specific exercise programs exclusively meant for golfers. These exercises strengthen your hands, wrists, and torso, and prove very helpful to your game.

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Walter Berryhill, and my pleasure meeting you all. Its a great honor for me to share what I have gained and learned with the sports I admire the most, Golf.
http://www.golfthemastersway.com/golfthemastersway/index.php

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