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Computers, like cars, undergo an aging process, so to speak. Problems occur more frequently with use, and over time, their performance generally slows down. Meanwhile, some programs and applications that once responded instantly start to develop glitches and tend to freeze without warning.

Whenever applications freeze, the first thing we normally do is simultaneously press the Control, Alt, and Delete keys. This launches the Task Manager, an interface that prompts other programs to either stop running or restart. Yet you canâ€™t help but think somethingâ€™s wrong when this starts to happen more frequently.

The next thing any computer user can do is to reduce existing files. Some people download and save so many unnecessary files and programs, they donâ€™t even know theyâ€™re there. These include text files of old emails or instant messaging conversations, media format converters, dictionaries and encyclopedias, or games. A hard disk thatâ€™s crowded typically works more slowly, so unloading it can help.

Sometimes, simply deleting files might not be enough to boost computer performance since the hard disk keeps other files that are beyond the userâ€™s knowledge. These may include temporary system and Internet files, error reports, and files in the Recycle Bin. These files would need to be unloaded from the hard disk.

Many computer users and technicians also recommend a periodic disk cleanup or defragmentation to get rid of all those hidden files that have already been deleted. You can think of these fragments as little breadcrumbs that do nothing for the computer and would have to be swept off, too. However, if your computer continues to experience problems, it is probably time to install and use registry repair software.

The Windows Registry is a database of activities that occur in your computer. This keeps registration entries, also called .reg files, which are recordings of whatever you have done in your computerâ€”like programs that were installed, files that were created, and objects that were downloaded. Yet if unloading the disk barely makes any difference to the performance of your computer, then a registry repair tool could be the one solution you need to fix the problem

Registry Repair Pro, an example of a registry repair wizard, is a type of cleanup software that removes unnecessary registry entries from your computer. It is designed to be minimally invasive and poses no threat to your computer or other essential files. By removing redundant or unnecessary registry entries, it enables the system to run more efficiently as if were brand new.

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