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Ever thought of a handheld gadget like mobile that could track personal data -- calories burned, hours slept, miles run? Means, without taking a step to health clinic, monitor the vital health parameters at the comfort of home. Recently concluded Consumer Electronics Show witnessed many such personal data-tracking gadgets. The one discussed is a wrist band named "Basis B1 band" which is expected to hit the market this spring, it includes five built-in sensors to measure the activities of the heart, blood flow, chest, blood-sugar, etc. It integrates thermometers for measuring skin and ambient temperatures, a standard accelerometer for recording movement, and galvanic skin response sensors for detecting sweat levels. The gadget is yet to arrive in the market probably it can hit in the spring.

The above anecdote presents a glimpse that how computer technology and its resultant ergonomics are rooted in us. From the daybreak to the late evening, and even in the sleeplessness, you are close to it by some or the other means. It has amended the life-style, the work culture, and as a whole transformed the world, thankfully for a good cause. When you are so much engrossed in this technology, it becomes essential to have a discipline of computer support that can take care of any related issues. Fortunately, all computer manufacturers and software developers are unanimous on this aspect, and a few enterprising ones have also their own technical support team to address issues on real-time.

Computer support services offered by manufacturers are often constrained by some terms and conditions, so you must abide by those. They have their own glossaries, like warranty period, service level agreement, limited warranty, etc. and you are supposed to bear clear ideas about those. Under the specified period parts and labor costs are bore by the manufacturer and the parts or hardware products removed under this Limited Warranty become the property of the brand. However, you should not make any changes on your own, and try to report issues to your authorised service providers. Replacement parts are warranted to be free from defects in material or workmanship for some limited time frame.

Unlike hardware, where physical repair/replacement is done, the issues related to software are generally resolved remotely via the secure Internet access or over phone. Experts can reinstall, update, upgrade, and configure any software to fix computer problems instantly. They can address a wide range of issues related to software and hardware compatibility, driver conflicts, Internet connectivity, damaged registry, performance, and more, without any physical interaction with the troubled machine. Most of the PCs, laptops and netbooks come with Windows installation CD/DVD, and if not they sure bear a recovery partition that houses the image of the Windows to help you recover from any unpleasant situations. A few machines come with special computer help software that monitors the activity of the system resources like processor, RAM, hard-disk, graphic memory, etc. and provides details regarding updates related to software, drivers, and security. Windows operating system is getting smarter with time, and today, you can discover a lot PC repair and maintenance tools into the system itself. All in all, you are empowered with to derive more from technology.

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