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"Where can I find one if there is anything that can do it, I've seen avi to mpeg ones, but my video is .mov format. I'd do a 2 step and go from .mov to .avi to .mpeg but I was wondering if I could do that?"

Common multimedia format often used for saving movies and other video files; uses a proprietary compression algorithm developed by Apple Computer; compatible with both Macintosh and Windows platforms.

QuickTime mov video file developed by Apple Company; it's compatible with iPod, iPhone camera video format. And if you would like to transfer QuickTime mov video format to any other Non-Apple players who supports MPEG/MPG formats, the must-do job is converting mov to mpg/mpeg. The following tutorial is concerned on the MOV to MPG conversion on Mac in detail.

Common digital video format standardized by the Moving Picture Experts Group (MPEG); typically incorporates MPEG-1 or MPEG-2 audio and video compression; often used for creating movies that are distributed on the Internet.

Step-by-Step Convert MOV to MPG

Tools Required

QuickTime MOV files

MOV to MPG Converter

Mac Computer, such as iMac, Macbook etc.

Download MOV to MPG Converter (Mac version) and launch it;

Click-one. Import MOV video;

Click-two. Choose "MPEG I" or "MPEG II" as output format;

Click-three. Click "Convert" button to convert MOV file.

Note and Tips

If you have lots of MOV video files want to convert into MPE/MPEG in a queue, MOV to MPG video converter allows you to batch convert once with super fast conversion speed and best quality. Still, drag-and-drop feature makes operation a more convenient. When comes into syncing videos from Mac to iPod/iPhone, tutorial of "Two ways to sync videos to iPhone/iPod/iPad" will show you more details on this topic.

As the question mentioned at the very beginning, "Convert MOV to AVI" will guide you to convert QuickTime MOV to AVI on Macintosh.

MOV to MPG/MPEG video converter is professional and all-in-one software whose purpose of assisting Mac users to convert QuickTime .mov to any other popular video formats, such as MPEG, AVI, MP4, FLV, SWF and 3GP/3G2; this conversion software features extracting audio like MP3 or

AAC files from MOV, M4V or MP4 video. In addition, remove DRM from iTunes M4V video is another key feature in legal area. Luckily, if you purchases or rents movies from iTunes Store, my article of "How to remove DRM from iTunes Videos legally?" will assist you to know better of how this DRM-Remove software works.

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Free download the MOV to SWF converter from <http://remove-drm-software.com/convert-mov/convert-mov-to-mpg-mac.html>

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