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Chef Uniform by Michhel

Article published on March 29th 2012 | Shopping

The way your restaurant presents itself is very much present in the way your staff appears, and how they feel in their uniforms. The traditional chef coat and chef hat are some of the professional, structured aspects of restaurant and culinary life that help people feel secure and solid in their dining experience. When you dress your staff in chef uniforms and server uniforms, as well as owners and managersâ€™ wear, everyone looks unified and professional. In this article weâ€™ll tell you a about the famous â€œchef coat,â€• the white, pressed, thick coat that chefs wear, and a little of the history behind the chefâ€™s uniform.

A chefâ€™s uniform is actually more than just a standard that makes workers look professional. It actually has many uses that are practical, for example, the double breasted jacket can be reversed to hide stains. It is a very thick cotton on purpose, so that it protects the chef from the heat of stove and oven and protects from splattering of boiling liquids. The buttons on the coat are knotted material, so that they will stand up to many washings and also wonâ€™t melt when they come in contact with hot food items and water. The chefâ€™s pants are usually black and white checkered to mask any stains that inevitably fall on them. But the white of the chefâ€™s coat and hat is supposed to indicate cleanliness and are often only worn by the visible chefs, or the higher up chefs.

The chefâ€™s uniform continues in significance all the way up to the famous hat, or toque. It dates back to the 16th century when hats were common in many trades, and were used to signify different ranks, at times. There are 100 folds in a typical toque are said to represent the many different ways a chef is ingenious in his or her work, creative in cooking. Certain chefs have put a modern spin on their uniforms and now add colors and designs, for flare and individuality. But in certain more traditional or conservative restaurants, the white chefâ€™s coat and chefâ€™s uniform is a must.

So, you see now that the importance of your staffâ€™s chef uniform and server wear can be very involved! There are many ways to protect your chefs from the different stains, burns and cuts of a kitchen, and there are also ways to add flare and spunk to their daily looks.

Article Source:
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Article Keywords:
chef uniform, chef coat

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