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Genital Herpes and Chlamydia

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The most important fact about Genital Herpes is that it can't be cured. It is caused by a virus called herpes simplex virus (HSV) and transmitted from one person to another during sexual activity. With all the information on TV and the internet about the dangers of unsafe sex, we are still seeing an increase in the diagnoses of STDs, especially among young people. It is hoped that sexually active people will be urged to go for a Chlamydia test and other kinds of STD screening to find out the state of their sexual health.

Should the increase in STD diagnoses in recent years mean that people are more promiscuous - or is it the simple fact that more people are taking more tests and in turn, more results are being recorded than ever before? A Chlamydia test is a very major one because, according to the numbers, the disease is the most common STD today, infecting 1 in 12 young people, both male and female. The Chlamydia test should be taken every year, especially in young women who are active sexually. It requires a swab or urine being taken to the lab, using a kit which is usually provided free.

Genital herpes, as the name suggests, is disease of the genital areas. Highly infectious and widespread, it affects both men and women. It is caused by a virus called herpes simplex virus (HSV) and transmitted from one person to another during sexual activity. Genital herpes gives rise to groups of open sores and blisters on and around both the male and female genitals.

Transmitted through sexual contact, this contagious disease, like Chlamydia, can be spread by people who don't even realise or show symptoms that they have an active infection. It is a virus infection which causes a lot of distress but it's not quite as dangerous as it appears. Genital herpes and Chlamydia are one of the many STIs which affect both sexes. And now a Chlamydia test, among many others, has been made as simple as A-B-C. You collect the test kit, take the swab at home, and post it to the lab. The progress of the test can even be monitored from home, which can be reassuring for someone worrying about the outcome.

Genital Herpes can be avoided by using a condom, even during oral intercourse. Proper medical help for the condition can be found at a "genitourinary" medicine (GUM) clinic. The doctor will usually be able to make a diagnosis by a virus analysis of the watery fluid found in a blister appearing on the affected area. Treatment is by using antiviral creams for affected areas such as Zovirax cream, an oral antiviral treatment like acyclovir (Famvir tablets) or Dimepranol.

Most illnesses, when left untreated, will cause even worse health problems. This is why a Chlamydia test is so vital, because the sooner it is discovered, the better.

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Not all STDs are life-threatening, but they are a burden nonetheless because people want to live problem-free lives. We have ready information about a Genital Herpes and a Chlamydia test here if you need to know more about STDs and how they affect your overall wellbeing.

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