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What Is Love?

For years people have said the phrase "I love you" to their friends and family but many people still ask the question "what is love?" Love can actually be anything it is often shown to different people in your life. Different people will get different levels of love but most importantly, love should be shown in every aspect of life. Love is the highest form of energy in the world and what many people do not understand is that with love, anything is possible.

What is love? - Family

The most first form of love that people will encounter is their family and this is where people really learn how to love. Whether it was your parents, siblings or grandparents, you were experiencing love and this is how most people grew up. You were taught to say "I love you" to those that you love and it seemed like the only people that you really loved were your family members. Then you started to get older and realized that it was possible to love others as well.

What is love? - Relationships

This is probably the most common form of love as it is often the strongest form of love in the world. When two people fall in love, people have described the feeling as "indescribable" and will often call it "falling in love." The feeling is so strong that the person falling in love will often forget about themselves and focus solely on the other person that they have fallen in love with. Though the love that people experience in families is very strong, there is something different between two people falling in love and it is certainly one of the strongest forms of love in the world.

What is love? - Being Passionate

Love certainly is not only found within people as you should love everything that you do and experience. This is essentially the best way to live as you should love your family members, your special someone and of course the things you do. Whether it is your job or favorite hobby, people have been known to be passionate about something and loving what they do. These people will dedicate their lives towards their job or career and will enjoy every single day of it. People have said that if you love what you are doing, you will never have to work a single day of your life.

You never really have to say "I love you" to show love as it is shown through actions and it is one of the easiest things to show. A simple act of smiling towards a complete stranger is an act of love as you are spreading happiness and joy. Love is found all over the world and should not only be experienced in families, relationships and in the workplace as love is something that everyone shares. What is love? Love is the one thing on earth that connects people and things and should be something that people experience on a daily basis. I believe that all love stems from the family and if you are able to love your family first, everything else in life will fall in place. What is love to you? Do you believe it is the highest form of energy? Share your thoughts on the question that every seems to have their own answer to.

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