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Marriages are solemnized in heaven which has to be truly sustained on the earth. In legal terms Marriage is a social union or a legal agreement between two known or unknown persons for the life long companionship or procreation to maintain a family. The basic terms and condition to confirm a marriage is almost same in the world. There are some rules and regulations mentioned in each countryâ€™s law and order to be followed for running a smooth marital relationship.

How to maintain good Husband &wife relationships forever for a better married life:-

Marriage is not based on a few years of get together. In India marriages are still consider as a life long mutual understanding deal between husband and wife. A sense of devotion, regards, acceptance of each otherâ€™s bad habits too in the relax moods are required. Over possessiveness and over expectations are the few vices which are very dangerous for the people in marital relationships.

Menâ€™s physic hardly accepts over interference from any one else in his life, does not matter if she is his wife. Trust is key essence of any relationship which creates confidence and healthy bonding between the two. Many a times at any part of life marriages also has to face too much exams of love, up-downs and in-laws problems to be controlled by thegood understanding between a couple. Still if a few couple faces the ego clash, misunderstandings etc. Then they must surely visit to some good marriagecouncilors or physiologists. Theses people are highly professionals to deal any miscommunications discomforts between two. There are lots of online doctors who can help you to come out of such situations. You just need to take a prior doctor appointment on various online health care websites.

Special Beauty tips for men:

Everyone admires Beauty. Men are also wish to look graceful and presentable as woman likes.Moreover, in todayâ€™s corporate world it is prior demand for any employee to be look smart and confident by their overall personality and work executing planning.

In other personal and professional phases of life too a neat, clean, healthy and charming looks appeals not only yourself but your co members too. You will always feel a fresh feeling and enthusiasm too work better. Increasing trends of media also impresses men to deal more in entire fashion and beauty world.

Lots of beauty saloons are come into existence for menâ€™s too. They wonâ€™t hesitate to spend good money on some beauty treatments at saloons. Facial, massage, re-style the hair, and other treatments which are considered as womenâ€™s monopoly are become menâ€™s first choice as a part of modern life style too.

Men may use these beauty tips to get an attractive personality:

* All purpose (antibacterial) soaps harms you

Male have roughly 15% oilier skin than women which significantly makes larger the pores. Dirt and other bacteriaâ€™s easily penetrate in the skin through such large pores and damage your skin. Thus, always take a complete bath with use of good mild soaps and shampoos. Deep cleansing is much important for each type of skin texture. For that you should keep pores clear with gentle cleanser

only. Clean the skin pores with Noxzema. â€œAll- purposeâ€• antibacterial soapmakes your skin dry. Eczema and irritation would be caused due to dry skin. Use a mild cleanser which makes your skin healthy and provides a young look along with cleansing. Try to prefer natural cleanser if possible.

* Use of SPF sunscreen Lotions

Men need more protection against drastic ultra violet rays from sun as they are doing more outdoor work. Make a habit to apply sunscreen with SPF-30 every day for skin protection.

* Haircolor and conditioners

Take care of your gray hair which shows you older before time. So, you can use hair color creams. They provide you healthy, shiny and coloured hair. Regular conditioning of hair also improves their quality.Hot oil treatment therapy makes your hair shiny and pleasant to touch.

* Shaving

Good shaving is the foremost work in menâ€™s beauty.Try to prefer cream-based facial cleanser in place of a shave gel. Their creamy consistency makes your shave smooth. As gel-based products contain more alcohol, they increases drying and irritation of the skin.

* Moisturizer

Shaving makes men's faces dry and scaly. Applying some good moisturizer on daily bases nourishes your skin. Just buffing your face with plain sugar in the shower gives relief from sprinkle. Also use of astringents and toners with alpha hydroxyl or glycolic acids are toning the face gently.

* Floss

bad breath downs your personality badly even if you are rich in your facial attraction. Daily flossing and twice a day daily brushing provide better breath with brighter teeth and with good health of your gums.

* Complete body care

Only Facial beauty is incomplete, having good feetâ€™s and hands also procure your fitness and beauty. Any type of dead skin largely supplies odor causing bacteria and infections. You can easily remove it with the use of pumice stone. Daily moisturize your hands and nails. Avoid hangnails infection by regular clipping.

* Clothing

To reduce chances of stains in hot and humid weather, prefer to wear cotton and light color clothes. Shave youâ€™re under arms hair timely and get rid from drastic body odor and stains on clothes too.

* Body Fitness

As â€˜menâ€™ word reflects image of person with stomach in, shoulders back, chest out, and head up, drooping is curse for menâ€™s impression. A healthy mind stays in healthy body. If youâ€™re face smiles then your out look also improves your total personality. A balanced combination of Daily exercise with nutritional diets excels your stamina to work out more. To maintain glowing and healthy skin, eat fruits and vegetables which supply the essential vitamins and minerals to the skin. Drink plenty of plain water and avoid drinking alcohol and smoking; as it dehydrates the skin and gives pale look to the skin. It also endorses early aging.

* Menâ€™s Cosmetics

Most of the men feel shamed with cracks on lips. To remove any dead skin of lips, apply some good lip balm regularly. Use some good oil control mild soaps and lotions to remove extra oil from the skin. Get trim any unruly hair from eye brows, ears etc. from some professional beautician.

* Others important things

â€¢ Wear dress with proper ironingand right colour combinations.

â€¢ Regular trim unwanted hair of the body.

â€¢ Choose perfume according to your moods and purpose.

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