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Marriage relationships go through many changes throughout the years. There will be some incredible highs and there will be some devastating lows. The important thing is that you work together to get beyond the lows, and revel in the highs. Unfortunately, many couples simply have too much on their plates to truly work on their marriage, and their relationships can suffer. Follow this love advice and you will be on your way to a marriage filled with love, romance and contentment.

Date Night

One of the most sensible love advice tips that you should follow is to set aside time to be away from the house and alone together. Date night doesn't have to be a costly thing. Sometimes free things such as a romantic picnic in the moonlight are better for a relationship than the most expensive dinner and show.

The whole point of Date Night is to open up the lines of relationship communication and bring the couple closer together. For those who must take care of their children in the evening and can't afford a babysitter, there are other ways to go on a date. You could meet for lunch during the workweek and still experience the alone time needed to maintain a close and loving relationship.

Remember the Romance

The romance in a relationship is very important. Once the romance begins to dwindle, the marriage can suffer. Both spouses need to make a concerted effort to keep the romance alive and to nurture the relationship. Love advice experts believe that the longer a couple is married, the less apt they are to show each other signs of romance.

Many women love to get roses or other cut flowers as a token of love. This can cost a fair amount of money. Many husbands don't realize that a true token of their romantic feelings could simply be one wildflower found on the side of the road. This shows the wife that you saw something beautiful and immediately thought of her. This racks up more romance points than all the roses at the flower shop, according to love advice counselors.

Husbands shouldn't be neglected when it comes to romance. A wife can simply show her husband how much she loves and appreciates him by bringing him a cold drink when he gets home from work. She could also make some hot wings or nachos for her husband to enjoy during the big game. Love advice experts believe that it is more romantic to give of your time than it is to give from your bank account.

Go On a Getaway

Couples can also take a weekend getaway to help rekindle their marriage relationship. A weekend alone can help you both realize why you fell in love in the first place and allow time for quality relationship communication. The getaway doesn't have to be expensive unless you have the resources to pay for such a trip.

Bed and breakfasts are usually very romantic and not too costly. Most have large and landscaped properties where you can walk hand-in-hand and improve on your relationship communications skills. In the winter, you could enjoy an evening by the fireplace with a bottle of wine or sparkling cider.

The getaway should allow you to have the time to rekindle the romance in your marriage relationship, have good relationship communication and forget about the world. This is the time to take care of your needs as a couple and not worry about anything else. Your only concern should be to love each other.

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Jim Anderson is a freelance writer who writes extensively about people tackling problems in their [marriage relationships](#) and inspiring [relationship quotes](#) which provide useful love advice and relationship help to improve relationship communication and save your marriage.

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