Article Side

First Time Skiers- What Not to Forget?

by Marry James

Article published on December 28th 2011 | Insurance

Preparing a things-to-buy list for a ski vacation can really be a daunting task especially for first time skiers. Several questions such as what type of thermals to buy, whether to purchase heavy snow boots or not, is it necessary to buy ski insurance, what type of ski jackets should be purchased to keep warm as well as dry and many others pour in while making a checklist for a winter vacation. If you are also a first time skier and are looking for the answers to all these questions, read further for some useful tips and suggestions.

What Not to Forget?

Winter Sports Insurance

Whether you are a professional or an amateur skier, winter sports insurance is something that is a must-buy for everyone. It covers all travel related risks such as personal injury, ailment and accident, loss of ski equipments, personal money and belongings, delay, cancellation and interruption of trip due to bad weather, missed, delayed or cancelled departure, natural disasters including snow storm, heavy rains, earthquake and volcano eruption and emergency evacuation and repatriation.

Winter travel insurance offers you complete financial support in case you land in financial troubles during your trip. You can purchase excellent cover at reasonable prices from Travel Guard, the most reputed general insurance company in UK. However, if you are a first timer and do not know how much coverage you require, you can seek professional guidance. You can call on their customer support number and resolve all the queries. You can rely on their consultation and advice.

Ski Clothing

While sampling snow covered slopes, it is very necessary to put on proper clothing in order to protect yourself from excessive cold. Do not forget to keep thermal pants, thermal body shirt, ski socks, fleece jackets and sweater. Instead of carrying heavy thermals and jackets, ski experts recommend to keep light thermals so that you can put on two three layers of clothes while skiing. The benefit is that you can easily take off clothes when sun shines. The upper layer of ski clothing including jacket and pants should be water proof so that you can remain dry while skiing. Also do not forget to shop for ski boots, ski helmet, ski hat and ski goggles.

It might be cold outside but you may feel hot when sun shines. Always use sunscreen with high SPF to protect your skin from harmful ultraviolet rays.

Article Source:
http://www.articleside.com/insurance-articles/first-time-skiers-what-not-to-forget.htm - Article Side

Marry James - About Author:
Travel Guard a Ski Insurance UK â€“ Buy an extensive Ski Insurance or a Winter Sports travel insurance with prices starting from just Â£5.30 for single trip cover and Â£28.05 for an annual policy including winter sports cover.

Article Keywords:
Ski Insurance, ski travel insurance, cheap ski insurance, winter sports insurance, winter travel insurance

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!