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When you are looking to buy a silk comforter, there are a lot of options on the market and it can be a confusing proposition to understand them all and it is important to note that they are not all created equal. Silk comforter sets are available in numerous versions and at many different price and quality levels. To get the best value, the wise shopper should be armed with as many facts as possible before making their purchase.

Silk comforters have recently become increasingly popular within the mainstream bedding market and many are turning to them as an alternative to down comforters for their ability to regulate body temperature and stave off allergens, bed bugs, bacteria, fungus, and mold. Choosing from the many different options can seem daunting and specifically in the case when you are buying online without actually seeing and feeling the comforter beforehand. For this reason, it is recommended that the vendor you are purchasing from has a favorable "return policy"™, if you are not entirely satisfied with your product. There are many options available, so you should not have a difficult time finding one with a favorable policy.

So what type of comforter should you buy? Obviously "value" and "quality" are the operative words when choosing an item that you will sleep in every day for around 8 hours at a time. The two most popular types of silk comforters is one that is silk filled with a cotton outer liner, and another that is 100% silk filled with a 100% bamboo fabric outer liner or "shell". When silk comforters were first introduced to market they were manufactured with cotton shells to reduce cost and speed up production. Today a new type of silk comforter with a 100% bamboo fabric shell (same as bamboo sheets) is making a huge splash on the market because of it is similarly beneficial attribute such as: moisture wicking for temperature regulation and natural repelling of harmful microbes and allergens. This new innovation in the industry is a giant step up toward a more comfortable night's sleep.

A cotton and silk filled comforter is comfortable, but you may hinder two of the most sought after qualities that the silk and bamboo offer in this type of comforter: hypoallergenic and temperature control. Silk natural is able to adjust to your body temperature and is an exceptional year round blanket. Being hypoallergenic means that the comforter will not host allergens, because they cannot live within the silk. Cotton as a fabric and filling is more hospitable to allergens and more sticky for unwanted bugs to lay eggs and reproduce. So for serious allergy sufferers, buying a silk comforter with a bamboo fabric cover is your best bet. There are many other tangible benefits as well, such as luxurious softness unparalleled by even the highest thread count cotton, and also a stable construction where the lining of the comforter, as long as it is 100% long-strand mulberry silk (some mix short-strand with long-strand which hurts the integrity of the filling), will never shift around inside the blanket like down feather or sometimes cotton.

Once you are familiar with the menu of silk bedding options available, start the shopping process at an online store that you covers the bases of bamboo and silk. Remember, it is often a good idea to buy a silk comforter from a company or website that specializes in natural bedding and is committed to helping their customers and the environment. Many websites, for example, sell silk comforters as simply a byproduct of their other offerings and do not truly understand how superior this bedding is to everything else available on the market today.

This can sometimes mislead customers to buying lesser quality comforters that are picked out of a volume bin from a trade company overseas or comforters that do not meet their needs of temperature regulation for problems like hot flashes and night sweats, or allergies, or skin disorders; bamboo and silk are both amazing natural applications for all of these issues. You will ever

purchase anything in your life that you will use more than bedding. Eight hours a day, seven days a week. Therefore, it is worth doing the research and making a purchase that will help improve your lifestyle and overall well-being. Remember, a well-rested person is a more happy and productive person and do not forget to be selfish when trying to find to perfect comforter thatâ€™s just right for you and your partner!

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