



Article Side

The perfect brightness by [Giancarlomack](#)

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There are various requirements for lighting has become irreplaceable in or lives and Artemide provides us with a unique way to fulfill these requirements in the best way possible. The process of lighting is a very specific task and the lighting has to be done in such a way that it is best suited to the surroundings. For example the types of lighting required for a dining area are not the same as that for a reading area. There are subtle changes that are brought about in the way the light focuses and reflects; these changes cannot be administered by everyone and requires the help of professionals in this field.

The process of lighting an area has many uses; and to satisfy this uses artemide can be a very good solution. The lighting of an area is purpose dependent; for example for reading lights the purposes that is has to satisfy are very crucial to the health of the reader. If the reading light is not proper it may cause eye problems for the reader. A reading has to be well focused; it should illumine the specific characters on the pages of the book very well, so that there is no extra stress on the eyes on the eyes of the reader.

The human eye is so designed that it has a mechanism in which a screen controls the amount of light that enters the eyes, to enhance the visibility. This screen (called the iris) has small hole or piercing in the middle through which the light actually enters the eye; and the size of this pin hole (called the pupil) increases with the screen. This screen is controlled by a set of muscles called the ciliary muscles. Reading under improper light causes these muscles to be in a tensed position to constantly keep changing the amount of light entering the eye and keep the visibility proper for the reading purpose. On continuing this activity of reading under improper lighting conditions the ciliary muscles of the eye will gradually weaken cause eye problems. Now a days there are processes to adjust the lighting for the reading activity in such a way that the focusing of the characters of the book are perfect and the eye does not have to put any extra efforts to enhance visibility. As a result the purpose of reading is fulfilled in the most healthy possible.

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Shop for quality a [artemide](#). Choosing for the right lighting in your home can add beauty and enhance great features in your house.

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