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When it comes to enjoying a new Jacuzzi, Oakville spa owners have many options available ranging from morning soaks to weekend parties. Follow these tips to get the most out of your new hot tub.

Oakville Relaxation Tip# 1: Check with Your Doctor

Hot tubs can deliver numerous health benefits. However, people with heart disease, diabetes, and other illnesses, as well as young children and pregnant women can't always tolerate the heat and its effects properly. If you have a health condition, check with your doctor before using a hot tub. You may be able to safely use the hot tub by making minor adjustments such as turning the temperature down or limiting the length of time you spend in the Jacuzzi.

Oakville Relaxation Tip #2: Keep Your Jacuzzi Covered

A Jacuzzi cover serves several purposes: it helps retain heat, it keeps out leaves and debris; and it secures the hot tub from unauthorised visitors. When you have a hot tub that stays hot and takes less time to come to a comfortable temperature, you'll be more likely to use it. Similarly, if your hot tub is free of leaves, you'll also be tempted more often. Finally, a good cover adds a measure of safety and keeps critters like raccoons out of the Jacuzzi.

Oakville Relaxation Tip# 3: Keep Your Jacuzzi Clean

Just as keeping leaves out of the hot tub by using a cover will entice you to enjoy your Jacuzzi more often, the same is true of crystal clear water. Test your hot tub water each day and "shock" it each week. Sparkling clean, sanitary water is dramatically more inviting than cloudy water with a foul odor. Keep it clean and enjoy your Jacuzzi!

Oakville Relaxation Tip# 4: Share a Soak with a Friend

One of the best ways to enjoy Jacuzzi spas is with company. How many people does your Jacuzzi seat? Turn up the heat and invite just enough friends to enjoy each other's company. Use your creativity to make themed invitations, plan a simple meal, and enjoy a relaxing soak in your Jacuzzi.

Oakville Relaxation Tip# 5: Stock up on Bottled Water

Whether you're soaking with friends or on your own, you'll want to keep a supply of refreshments within handy reach. While many spa owners imagine themselves imbibing in their favorite cocktails in their hot tubs, alcohol and hot tubs don't mix. Instead, keep bottles of cold water or mineral water on hand and quench your thirst with refreshing water. If possible, and especially if you have children, opt for plastic bottles instead of glass bottles. This will prevent broken glass from damaging your tub or causing bodily injury.

You've invested in a high quality Jacuzzi and deserve to enjoy it. Keep it clean and have fun!

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