LED Downlights As an Eco-friendly Option

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Lighting accessories are a standard feature of any home. Good choices can literally transform living spaces, making them appear bigger, brighter and more welcoming. The range of lighting types is vast and attempts to cater to the various requirements and tastes of people. Itâ€™s no wonder, then, that many of us have difficulty selecting the correct lighting.

Modern lighting options focus a lot on downlights or recessed lighting. Here, the light is installed into the hollows of ceilings to cast a downward glow. A good example of establishments that use recessed lighting is hotels. Walk along the foyer or the aisle to any room and youâ€™ll notice them overhead.

Energy Efficient

Presently, LED downlights are the most eco-friendly types available. Theyâ€™re very energy efficient which is what you should be focusing on when purchasing lights. They cut down power requirements at about 70 percent which can make a huge impact in your electricity bills.

Less Heat Discharge

Conventional lights discharge a considerable amount of heat. This is turn leads us to switch on the air conditioning for long periods. LED downlights â€“ aside from being energy efficient â€“ discharge less heat so you need to turn up the AC too often.

Longer Life

While more expensive than conventional downlights, LEDs last longer and come with warranties. They donâ€™t burn up and last for about 50,000 hours compared to CFLs and halogens which last for 5,000 hours, and incandescent lights which work for 1,000 hours.

Minimal Environment Impact

One of the biggest benefits of LEDs is that they have minimal impact on the environment. They donâ€™t contain mercury and donâ€™t emit chlorofluorocarbons. Moreover, since they donâ€™t emit much heat, th can be safely stored near inflammable substances.

Like many modern inventions, LEDs are designed to serve their purpose without damaging the environment. Nowadays, there is little room for energy-hungry devices as power sources deplete at a steady rate. As such, LEDs offer consumers a safe and cheap alternative to incandescent bulbs. These lights donâ€™t just serve households or business establishments; theyâ€™re widely used in the automobile industry with automakers realizing the benefits of LEDs. So, if you want to do your part for the environment, making small changes like choosing pendant lights over conventional ones can significantly help your cause.

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