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Get an Effective Treatment for Bed Bug Bites by Brayn Bunz

Article published on March 10th 2012 | Home Improvement

Bed bugs are one of the most common parasites we come across in our daily life, which feeds upon human blood. As the name suggests, they are usually found in the areas where people sleep like the cracks of an old furniture, beds, mattresses, box springs, and bed frames. Thus, almost everyone is vulnerable to bed bug bites, irrespective of the level of sanitation one may maintain. Moreover, bed bug bites seem to be increasing around the world at an alarming rate, possibly due to insecticide resistance. This complicates their eradication by a great deal.

The first stage of dealing with bed bug bites is to avoid them completely. This will be possible if one knows exactly how a bed bug looks like. They are more or less oval-shaped insects, flat in appearance, and there color varies from a straw tint to a deep reddish mahogany. They have well developed legs, which allow them to crawl up vertical surfaces quite easily. However, they are incapable to fly as both their fore wings and hind wings are functionally nonexistent. Bed bugs have very distinct antennae and they emit a foul smell almost continuously. Once identified the underlying infestation must be tackled.

This can be difficult because bed bugs hide very well and can survive for months without any food. The best way to get rid of them may be to hire a professional exterminator who may use a combination of pesticides to help you get rid of bed bug bites. Other non-chemical methods of terminating bed bug bites include vacuuming of cracks and crevices present in old furniture to physically remove them and washing of mattresses and clothes in hot water followed by proper drying. Some professional exterminators use portable devices to raise the temperature of a room to a lethal temperature of 122 F as all stages of bed bugs can be killed at this temperature. In some cases, one may have to throw out highly infested items such as mattresses or couches.

Even after carefully treating one's home, bed bugs may still survive. The symptoms of bed bug bites usually appear after a week but one can immediately recognize the bite by an itching sensation. Its primary treatment involves washing the bed bug bites with soap and water and applying a thick sticky paste of water and baking soda. In case of severe itching, one may apply lemon juice as well on the bed bug bites. However, in spite of these measures, one might still suffer from rashes and bumps, which may further, lead to anxiety, insomnia and stress. Under such cases, it is advisable to consult a doctor for bed bug bites and take proper medication and precautions. Usual medications suggested by doctors are Cortisone cream to stop the itching, Calamine lotion, Hydrocortisone cream and Naproxen or Ibuprofen or anti-histamine like benadryl to help reduce swelling. Scratching of the affected region must be avoided to stop further spreading of the rashes.

Bed bug bites may seem like a small problem, but if left untreated for long, it can lead to severe conditions like cellulite's. Though the above-mentioned remedies are useful for treating minor bed bug bites, one should seek proper medical attention for more severe symptoms. The treatment will only be effective if taken at an early stage.

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Article Keywords:
bed bug bites, bed bug bite, bed bugs treatment

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