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Double-Glaze to Keep in Heat by [James Dillon](#)

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In the economic climate we live in people are getting more and more concerned about saving money wherever they can, and their utility bills are top of the list. With such a large expense coming out of the bank account each month or each quarter, it is something that people tend to notice a lot more than little things which could also save them money; what it is important to remember, however, is that a number of little things can add up to become huge savings, especially on electricity and heating bills, and there are a number of measures that can be taken in order to ensure you are not paying more than you have to for your energy.

The first one has perhaps the most publicity, thanks to government campaigning and word of mouth; turning off your appliances and lights when you are not using them. Seems obvious really, but it must have been a real problem in order for advertisers to pick up on it on the scale that they have done, with TV adverts as well as other media. Turning your lights off when you leave the room is much more obvious, however, than turning off your portable electronics when they are fully charged. Figures suggest that Brits waste as much as fifty pounds each year when they fail to take mp3 players, laptops and mobile phones off charge once they are full.

Another high profile measure that people are increasingly taking to save money on their energy bills comes in the form of insulation. Everybody seems to know someone who has recently had cavity wall insulation; in fact some people are eligible to get it for free thanks to the government, so there really is no excuse for this one. Loft insulation is also very popular, and as it is something that you can quite easily install yourself, as it is very cost effective to go down to your local DIY store and buy a bag full of fibre glass insulation and stick it in your loft yourself.

All of this counts for nothing, however, if you do not have decent quality doors and windows to keep the heat in. Composite doors are a good measure, but you probably only have a couple of doors to the outside of your house; you are likely to have many more windows. For this reason, double glazing is an obvious, but effective way to ensure that your hard earned cash is not escaping out through thin glass windows.

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