Article Side

Thumb Spica Splint and its uses by Thumbspica

Article published on December 6th 2011 | Health

A thumb spica splint is being fitted to the thumb portion of the hand for immobilizing the thumb and permits continued unrestricted use of the other fingers of the hand. Many wrist based injuries use a thumb spica to keep them stable because of how easy they are to put on and how effective they are in keeping the wrist and thumb stable. Thumb spicas are very useful for wrist and thumb injuries. They are smart and sleek, breathable matrix, removable malleable splint. Thumb Spica Splint allows free movement of the hand

Thumb Spica is essentially a gutter splint adapted for the thumb. It is indicated for nondisplaccd fractures of the first metacarpal bone, proximal phalanx of the thumb

Wear a Thumb Spica Splint while you sleep and for most of the day to immobilize the wrist and thumb and allow the tendons to rest. Thumb spica splint is suitable for fractured thumb providing restricted stability in movement.

Thumb spica splints are very Widely used Due to the of overuse injuries Active in the hand and thumb may be Dreadfully common. The Thumb Splint is designed to keep the thumb stabilized while allowing free range of motion to the rest of the hand. It is Made of breathable 3 layered PUF fused fabric with excellent aesthetics, comfort and a long life

The thumb spica prevents the thumb from moving and pushing against the palm. It is generally used for the broken bones or fractures. Thumb splints are applied to decrease movement and to provide support and for reducing discomfort by stabilization of a particular injury. It is used to temporarily immobilize the fracture prior to surgery and assists healing. They are preferred in emergency department so that acute injury is evaluated.

Thumb Spica is used for therapeutic immobilization of thumb injuries. It keeps the thumb in a fixed position called the â€œglass holding positionâ€•. This not only allows the undisturbed torn ligament or fracture healing, but also helps us to perform a few activities, like holding a glass or a book and so on. Since, it keeps the remaining fingers active it is also called a functional position

and this prevents fingers from becoming stiff. It provides ample of space to accommodate the hand swelling, which makes it a highly comfortable and light-weight alternative to the thumb spica cast for mild injuries of the thumb, like a sprained thumb

Article Source:
http://www.articleside.com/health-articles/thumb-spica-splint-and-its-uses.htm - Article Side

Thumbspica - About Author:
Thanks for spending your valuable time for reading my article about the topic a Thumb Spica Splint. If you enjoy reading my article on the topic a Thumb Spica Splint please give your valuable comments.

Article Keywords:
thumb spica splint, thumb spica splints, spica splint thumb, spica thumb splint, thumb splint spica, thumb spica, thumb splint, thumb support, spica splint, thumb splints, wrist and thumb splint, thumb brace

You can find more free articles on Article Side. Sign up today and share your knowledge to the community! It is completely FREE!