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Physical therapy is a form of treatment which is required when health problems aggravate and cause difficulty in carrying out daily day-to-day activities. This therapy provides relief to the body and assists in free movement to carry out the everyday tasks with ease. But in order to evaluate the recovery of the patient and diagnose the problems in a proper manner, physical therapy forms are essential. These forms are used by physical therapists which help them to evaluate both the outpatients and the inpatients. These forms cover various important aspects of the patient which need to be administered for proper treatment.

These therapy forms cover the aspects like patient-client management, initial examination/evaluation, visit, re-examination and discharge. Every patient visit is supported by a specific therapy form which indicates the patientâ€™s full name and identification number. The physical therapist providing the service should authenticate the examination, evaluation, visits and discharge forms. These forms also clearly indicate whether the patient was referred by some other doctor or came directly for a visit. In case the patient was referred then this referral source should be mentioned along with complete details of the referral.

The forms related to initial examination or evaluation include general demographics, social history, employment details, growth and development, living environment, family history, social habits, medical history, health status, surgical history, current medications, clinical tests and present complaints. The therapy visit forms are filled in after asking the patient regarding his self report, changes in patient condition and response to interventions. Details related to patientâ€™s current physical status, degree of improvement and referrals for additional services are covered in the discharge forms. These forms are filled out by the patients depending on their insurance coverage and the type of injury.

In case of â€˜No Fault Insuranceâ€™ the patient needs to fill up the information form, appointment policy form, financial policy form, assignment of benefits form, history form and an authorization form. Hence whenever you visit a therapist do ensure that you are filling in the right form for ease in assessment. You may even consult the therapy doctors in case of any queries or doubts related to the filling of the form.

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