The Process of Laser Removal by

Article published on June 21st 2012 | Health

If you are looking for a relatively pain free, long-term and cost-effective hair removal techniques, laser hair removal is worth a consideration. In this technique, one uses high concentration light beams to penetrate into the hair follicles. The light absorbed then destroys the hair hereby facilitating permanent removal.

Besides Botox, this has grown to become the most popularly undergone cosmetic procedure. Its precision, speed and permanent nature is what makes it so popular.

Preparing Yourself for Laser Hair Removal

This procedure is not like any other cosmetic treatment like waxing or threading. It is a medical procedure and needs to be performed by train experts to avoid any form of risks. It is important that you verify the credentials of the person performing this procedure for yourself.

As soon as you have made the decision to undergo the hair removal treatment, you must start to limit all your plucking, waxing and other hair removal procedure for at least six weeks prior to the start of your treatment. Since this targets hair roots, its effectiveness would be hampered if the roots are temporarily removed.

Also, avoid exposure to the sun since it reduces the effectiveness and increases the risk of complications after treatment.

During the Treatment

1. When you visit a Vancouver based laser hair removal centre for your treatment, in the first sitting, they will trim your hair by a few millimetres about the skin surface and the equipment used will be adjusted depending on your skin type, colour, thickness and the location of the hair than needs to be removed.

2. The outer layer of your skin will then be protected with a cold gel or a special cooling device which will also help the laser to penetrate your skin.

3. Now the operator will give a pulse of light to your skin for a few minutes to ensure that the optimal parameters are used and that our skin does not react to the laser. Depending on the nature of your treatment you sitting can range between 15 minutes to an hour.

4. After ever sitting, you will be expected to use Aloe Vera gels, anti-inflammatory creams and lotion to avoid any reactions and discomfort.

Post Treatment Care & Recovery

After the completion of your laser hair removal treatment, your skill will feel like it is a little sunburnt for a day or two. It is important for your cool compress and moisturize the area as much as possible. If you are experiencing any blisters, it is best to avoid use of makeup for the time being. Blisters are rare, but more common among people with darker complexions.

Over a period of one month, the hair in the area that has been treated will begin to fall out. Wear sunscreen as much as possible over this period to avoid any kind of damage and change in the

colour of your skin.

For more information on how to take care of yourself talk to the expert.

Article Source:
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- About Author:
By the article author wants to inform all readers about trends of a Laser Hair Removal Vancouver for oral and overall health.

Article Keywords:
Laser Hair Removal Vancouver, Skin Care Vancouver, Vancouver Dentist

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