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It's fair to say that plastic surgery is a topic that sometimes breeds wild, unbelievable "facts." These "facts" are nothing more than myths that are often spread by those without much in-depth knowledge of the field. The reality of plastic surgery often is a lot less sensational than the occasional news story or anecdote might suggest. Read on to discover some of the most common myths and learn the facts instead.

Cosmetic Surgery Isn't Safe

Out of all the plastic surgery myths out there, this is one of the most common. It's also plain wrong. While there are risks involved with any type of medical procedure, be it simple mole removal to more complicated procedures like heart transplants, cosmetic surgery procedures performed by board-certified plastic surgeons have an excellent track record.

The nightmare plastic surgery stories that crop up now and again mostly stem from so-called â€œdoctorsâ€• performing procedures without a license or from medical doctors who lack the skills and training to perform cosmetic surgery safely. Board-certified plastic surgeons follow strict guidelines and must adhere to a rigorous standard of professional protocols to maintain their certification and their hospital affiliations. In addition, technological advances in medical equipment have contributed to a higher standard of safety in the operating room.

Dr. Frank Campanile, a board-certified plastic surgeon who performs cosmetic surgery in Denver, completely disagrees with this myth as well.

â€œTo say 'cosmetic surgery isn't safe' is like saying all surgery isn't safe. When choosing a board-certified plastic surgeon for their procedure, patients can take comfort in knowing they are in good hands,â€• Dr. Campanile says.

All Surgeons Will Deliver the Same Results

Another mythbuster moment: the quality of surgical results is highly dependent on the skill and experience of the surgeon performing the procedure. When you choose a cosmetic surgery procedure, you're putting your wellbeing in the hands of the surgeon. That level of trust requires more than just a passing glance at the doctorâ€™s diploma. According to Dr. Campanile, you need to do your own research to make sure the surgeon you choose is a capable, knowledgeable professional.

Dr. Campanile was certified by the American Board of Plastic Surgery â€“ the only board accepted by the American Board of Medical Specialties to certify cosmetic/plastic surgeons.

â€œEvery one of my Denver plastic surgery patients learns about my credentials, training and experience,â€• notes Dr. Campanile. â€œThe truth is that there is a difference in the quality of results from different doctors. Thatâ€™s why looking at a surgeonâ€™s qualifications and viewing before and after pho matters so much.â€•

It's Worth Shopping around for the Lowest Price

This myth can prove dangerously false. You should never, ever choose a surgeon if your only

reason is because of a low price. Your health and wellbeing are worth far more than the few hundred dollars you may be able to save. When choosing cosmetic surgery, patients pay for skill, high-quality results, and, most importantly, safety.

If price is an important concern for you, schedule consultations with several practices and get quotes on the cosmetic procedures you want. Itâ€™s OK to ask a practice for more affordable alternatives to the procedure you were originally considering. For instance, if you are thinking about having a facelift, it may be more affordable for you to choose a non-surgical treatment such as a dermal filler, which provides skin smoothing results for a fraction of the price of a surgical facelift.

â€œOf course, you need to pay some attention to the cost of a procedure,â€• says Dr. Campanile. â€œTh only responsible fiscal planning. But if price is driving your decision, take a step back and think about what a procedure really might cost you if something might go wrong. In my experience, it is never worth it to cut corners and possibly compromise your surgical results.â€•

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If you are considering cosmetic surgery and are looking for one of the top plastic Surgeons in Denver, you may consult highly trained plastic surgeon Dr. Frank Campanile. Visit campanileplasticsurgery.com for a cosmetic surgery Denver and a Denver plastic surgery services.

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