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In a gigantic city like Delhi where life is very fast paced and works on an instant way, it becomes next to impossible to keep a good and healthy body and body parts. There is so much of work pressure that people get very less time to worry or to consider anything related to their heath issue.People here are prone to eat whatever comes to their way with so many options for street food on every corner of the city including the end number of junk food outlets there is no stop to people heavy eating habit.

It is good to have varies varieties of food to eat but this variety sometimes brings problem for your stomach and intestine. Whatever we eat it goes through are mouth through alimentary canal to stomach to intestine of two types small and large intestine then it further move to anus. This is the basic procedure through which our food moves through are body. Any problem in any of the system can create problem in our digestive system.

Digestion is a basic process including mechanical and chemical breakdown of food into smaller components that are more easily absorbed into a blood stream, in short it is catabolism meaning breakdown of larger particles of food into smaller particles. Any kind of disease affecting gastrointestinal track which include organs from mouth to alimentary canal to anus may defiantly affect our digestive system. Here we come to the need and help of a stomach specialist or a gastroenterologist.

Gastroenterology is the medical science study where digestive system and its disorders are studied.

Diseases effecting gastrointestinal track which even include organs from mouth to anus along with alimentary canal are the specialty wing in gastroenterology. The professional physician practicing gastroenterology is known as gastroenterologist. The medical condition diagnosed and treated by gastroenterologist are abdominal pain, nausea, vomiting, gastrointestinal bleeding, weight loss, diarrhea, constipation, liver disease, and the most prominent hepatitis.

As there are numbers of stomach specialist and gastroenterologists in Delhi, in same way there are number of good eye specialist in Delhi.Our eye the window which helps us see things around us, it is like a window for us which opens whole world in front of us. Eye is an important organ of our body without which it is very hard to imagine life. So we should take proper care of our eye because it is a very precious gift given to us by god. So the next time we have any irritation or problem in eye or in vision then we should immediately consult a good eye specialist.

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