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This is the real life experience that I am sharing with all my might. I acquired smoking fairly at the beginning of life, when I was twelve. The reason will not justify the magnanimity of loss; however it might soothe me a bit to show you the cause behind my excessive smoking at this kind of soft age. I was a loner, hardly well-known at school with no one to call my real good friend. My mother gave me birth after she'd split from her boyfriend then, thus, she could really find me of any worth. Since, I used to remind her of her folly. And So I was beaten, left dejected and also sulking without requiring someone to really care regarding how I felt!

Then I discovered cigarettes, they gave me a moment kick. Till then nobody had head of electric cigarettes. Although it lasted just for a while, but cigarettes helped me feel worthy and competent. So I resorted to smoking, each and every time some thing would go wrong I would pick-up a cigarette and begin to blow my lungs out. This only triggered generating me totally dependent on real tobacco cigarettes; the minute situation would certainly become difficult I would pick-up a butt! This was not just faulty but potentially dangerous. It began to affect my focus first and eventually picked up on my health too! Only if someone had informed me about electronic cigarettes at the moment. Slowly and gradually as well as continuously, I began smoking 30 cigarettes in a day. And then, I developed what began like a chronic cough.

The problem just kept deteriorating with my tendency to smoke cigarettes constantly, and eventually culminated in high fever and severe lung infection. Caught in the Oedipus complex, I smoked to eliminate the infection or the worry that surrounded it and the more I smoked the harder my infection aggravated. Troubled at the situation, I got this seriously when I was put in the hospital. That is when doctors clearly informed me to quit smoking if I wanted to live. Then, I began my journey back home. However it was extremely tough. The more I tried to avoid cigarettes, the more craving I felt for them. Progressively, pitying my situation a medical student friend recommended electronic cigarettes.

In the beginning, I was hesitant and sceptical, plus I was also frightened of the situation the doctors had informed me of! However Electronic cigarettes were announced healthy. They were safe, did not have as much nicotine, included no tobacco, and did not emit harmful smoke. Electric cigarettes additionally didn't need any fire to induce smoke. I began smoking electric cigarettes that worked as a defensive device for my body. I can smoke when I really had to, and at the same time I possibly could protect my health. That is how electronic cigarettes possess granted me my life and it is happiness. Even now, when my infection is gone for good, I live being a sane, healthy plus a hearty man, thanks to electronic cigarettes.

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<http://www.articleside.com/health-articles/real-time-report-e-cigarettes-are-life-savers.htm> - [Article Side](#)

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