# Professional teeth whitening- options for you

by Peter Wilson

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Most of us are easily taken in by a whiter smile. A person with not so good looks will be easily charmed by his dazzling smile. In the recent years

demand for a shiny white smile has increased a lot. Either its the demonstration effect that people are following Hollywood celebrities with their smile or people have gone much more health and beauty conscious and they are seeing teeth whitening as an ultimate remedy that the enhance their

personality and boost their morale.

Dental art that was just restricted to uniformity and perfect shape has taken on bigger jobs in it. Not it not just reshapes teeth and jaw but also

transform lives. Several people who have gone through various cosmetic dentistry treatment report significant changes in their life thereafter. And

among various dental treatment options people have been emphasizing more on the color of their teeth. A perfectly shaped and uniformly aligned

tooth look good but not when they are yellow. Even if you have good oral health and your mouth isnâ€™t smelly and sensitive, you will automatically

become conscious of your teeth color.

Tooth discoloration is caused by many factors. Staining food, drinks, beverages and bad lifestyle habits like smoking, chewing tobacco seriously

affect our oral health. With the passing of age, enamel tends to get cracked and stained and that leads to teeth discoloration. And the only solution to such problem is teeth whitening system. You can prefer among in office teeth whitening treatment or at home teeth whitening products.

Both these teeth whitening options have their own merits. In office teeth whitening is performed under controlled environments by some qualified dentists. And the results are also quick. The only thing that matters in this case is the cost of in office treatment.

And the other one is the use of teeth whitening products. There are several at home teeth whitening products available in the market. There are whitening gels, whitening toothpastes, floss etc. With the repeated use of these at home teeth whitening systems you can have desired shade with your teeth. This is actually a convenient way to have lighter shade with your teeth discoloration.

In office teeth whitening system uses bleaching agent that is applied over teeth and is activated with some sort of laser. This dissolves the plaque

and gives whiter smile. By laser teeth whitening is considered the best teeth whitening option.

Besides that at home teeth whitening prominently uses the whitening gels. Whitening gel is a peroxide based formula that will be placed in a set of sure fit trays and will be fixed to the jaws for a specific interval of time. During that time period the peroxide gel acts on the plaque and dissolves it. Though it will take some time with teeth whitening gel but with repeated use, you can have the

desired shade with your teeth. And this is an economic way to get better smile.

Looking for at home teeth whitening products you can log on to: http://www.impressivesmile.com

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