



Article published on March 9th 2012 | [Health](#)

Lipo is a procedure or a plastic surgery that aims to reduce fats and improve the shape of the body, and this is by no way an optimal cure or a treatment to obesity, but it is just proposed for people who are very close to their ideal weight, but they have the problems of fats around specific areas. It's here where the role of lipo a laser comes at hand.

So the next logical question would be the limit of such procedure, and the answer is that Lipo is without limits. As there is no limit to the volume of fat which will be withdrawn in the form of *lipoxigenase*, but still, it is not medically advised to lipo on more than 40 percent of your body in the same liposuction procedure.

There are several techniques concerning how to do lipo but the most modern and revolutionary way is the lipo a laser, in this procedure, an apparatus is used to emit laser *Nd: YAG*, these have the power to destroy and break the fat cells membrane which makes them easy to remove. Another usage of liposuction laser is that it is used to treat saggy parts of the body, and prevent areas that had a liposuction procedure done on them from looking shapeless. A distinct advantage of such operation is that the laser promotes the clotting of the blood vessels, which as a result, prevents and reduces the bleeding which causes reduction of the bruises that appear after the liposuction operation.

Laser a lipo comes with certain advantages which can be summed in the form of 3 points. Firstly, Quick recovery, as a result of the breaking down of the fat cells by using *lipolysis*, and as the laser operation is almost painless, plus the fact that as mentioned, it prevents and reduces bleeding, all of these result in quick and fast recovery, and it makes the patient able to go back to his normal life and normal activities in no time.

Secondly, minimum to no bruising after surgery, that is the result of the usage of the laser to break the fat cells which leads to the clotting of the blood vessels which reduces the appearance of post liposuction bruises.

And lastly, No saggy skin, as the laser encourages an increase in the production of collagen which leads to the organization of reticular dermis which prevents the sagging of the skin.

And the final question has to be when a patient will start to see results of this laser liposuction? The answer is simple, firstly, after the surgery is done, the patient will have to be hospitalized for 12 hours to a full day, depends on the impact of the surgery and the amount of fats removed. If there is some swelling and minimal bruises in the areas that got lipo, and after the passing of 3 weeks, there will be signs of improved figure of the body, and after 6 months, the patient will notice and see the results he was hoping for.

Article Source:

<http://www.articleside.com/health-articles/lipo-a-laser-the-smart-way-to-do-liposuction.htm> - [Article Side](#)

[Alberta Reid](#) - About Author:

Want to know more about a [Lipo](#)? Check out this page and learn lots about a [Lipo a Laser](#).

Article Keywords:

Lipo,Lipo a laser

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!