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Researchers are constantly discovering and developing new ingredients, to increase the effectiveness of the best anti aging face cream. Recently, two ingredients have caught the limelight, which are tripeptide and the skin stem cell serum.

Ingredients that work with nature

Tripeptides act like snake venom. They paralyze the facial muscles, so that they do not contract. Botox injections also use the same technique.

The next ingredient is Argireline. It is present in some of the top anti-aging formulas today. Acetyl Hexapeptide or Argireline relaxes the facial muscles and helps in reducing wrinkles.

The skin stem cell serum is derived from plant stem cells. It is believed to rejuvenate the skin cells and repair the damage. It also protects healthy skin cells, so that they continue to produce collagen and elastin. This is the reason why using a good anti aging skin serum revitalizes the skin and helps to keep it fresh and glowing.

Matrixyl 3000 is yet another ingredient used in good anti-aging formulas. It is actually a combination of Palmitoyl Tetrapeptide and Palmitoyl Oligopeptide, patented as Matrixyl 3000. This ingredient repairs the matrix of the skin, making it elastic and strong. It also reactivates the aging tissues, so that they start working normally again.

Last though not the least, Hyaluronic Acid is an ingredient that retains moisture in the skin cells. It has an amazing property of holding over 1000 times its own weight in water. Due to its sheer lubrication characteristic, it is often added in topical formulas for joint pain. The acid rehydrates the cells that have lost their lubrication. This is the reason why using creams containing this acid plumps up wrinkles and smoothens the skin surface.

No anti-aging formula is effective without any of the above ingredients in it. The best anti aging face cream contains Matrixyl 3000, Argireline, Hyaluronic Acid, and peptides, along with sun protection and moisturizing agents.

Cream for the eyes and hands

The above ingredients are present not only in face creams, but also in creams for eyes and hands. The skin on the back of your hands is extremely thin. That is why a little decrease in collagen levels shows up on the surface. Your hands start looking wrinkled and veins bulge out. Such hands look older than your actual age.

Similarly, the area under your eyes is delicate. You cannot use the same face cream under the eyes. Get a good eye lifting serum. The best way to apply a serum or under eye cream is patting gently with finger tips. Rubbing this area may lead to more damage.

Dark circles under the eyes and puffiness can make your face look older. It is not enough to have a smooth forehead and cheeks. Your eyes are the windows of your soul. They need to match the beauty of your face.

The best thing about living in this era is that you got an array of potent anti-aging formulas to choose

from. Brands leave no stone unturned to offer the best anti aging face cream. You only need to get it in your beauty box now.

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