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Informative Facts on Surgical Avoidance by Johnstuard

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Our body is usually referred to as a complex machine. It is natural that at any point of time some of its parts may get damaged due to regular wear and tear. Actually, when we are young we do not take our health seriously and live an unhealthy life by eating unhealthy food. As a result we have to face a lot of problems during old age. One of the most common problems which most of the people have to suffer is joint pain. They may have severe hip or knee disorders which prevent them from doing their daily routine work normally. They are not able to walk properly and suffer serious pain. Many treatments are done to cure joint pain but ultimately the only solution that seems to be effective is total or partial knee or hip replacement surgeries. However, researches and developments are going on to find a solution by which such surgeries can be avoided. Today, there are orthopedic surgeons who want Surgical Avoidance.

Through researches it has been found that regenerative medicine can lend a helping hand towards Surgical Avoidance. But when a major deformity occurs in an arthritic joint, it is too late for alteration in function as well as X-ray of bone on bone. Now the questions which come up are when to intervene with regenerative medicine, whether this medicine when intervened will be able to delay joint replacement surgeries by controlling the pain from three to five years with the help of anti-inflammatory nature of bone marrow concentrate, will there be a re-growth in the joint cartilage or not. All these questions are unanswered but researches are going on to find methods of Surgical Avoidance.

It is to be noted that new courses are being started which will cover various topics along with degenerative, arthritic, traumatic conditions resulting from injuries as well as expanded approach towards the treatment of aging athletes. All this may prove really helpful in providing counseling to the patients on how to manage their participation in sports as they grow older. Further, develop awareness regarding Surgical Avoidance.

More studies and researches in this field will definitely be helpful in creating less invasive orthopedics by introducing bone marrow concentrate in hip and knee thereby increasing chances of Surgical Avoidance. However, before undertaking an absolute clinical trial it is necessary to investigate whether bone marrow concentrate will prove to be beneficial in treating people suffering from arthritis in hip or knee thereby enabling Surgical Avoidance.

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