Article Side

How to Control Dental Pain by Jay Dworkin

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Many people forgo necessary dental treatment due to pain, fear, or anxiety of the dentist. Statistics show that roughly 50% of people avoid dental care for reasons such as cost, side effects, and pain. There are now advanced methods and equipment used to reduce pain considerably. Many people, however, are unaware of emerging technologies.

There are several ways to control or minimize pain caused during dental treatments. There are professional dentists CT with years of experience that can offer painless treatments with the help of advanced equipment.

It is important to research CT dentists to ensure they use the most groundbreaking technology for a painless exam and treatment. Professional dentists utilizing up-to-date equipment and technology can provide patients with fast, effective, and painless procedures.

Some widely used techniques to control pain are listed below:

Laser Drills

One of the latest dental techniques designed to reduce pain. It is not used widely however some dentists use laser drills to remove decay or for other dental treatments.

The Wand

As the name implies, it is considered to be a magic wand offering painless dental care effectively. Dentists in CT use The Wand to deliver high quality dental care to patients. The Wand is a computer-controlled local anesthesia delivery system that delivers anesthetic at an optimal flow rate, developing an anesthetic pathway to provide painless dental treatments.

Transcutaneous Electrical Nerve Stimulation

With this advanced technology, adhesive pads are used to deliver electrical impulses to numb the treatment area. It is a battery-powered device that generates electrical impulses. The transcutaneous electrical nerve stimulation technology can be controlled through a hand-held unit.

Nitrous Oxide

Nitrous Oxide is used to relax the patient. It is a widely used technique that helps deliver painless dental treatments.

Topical Anesthetics

Topical anesthetics are applied over the treatment area to numb it before injection. Nitrous Oxide is used more commonly as topical anesthetics require more time.

Cranial Electrotherapy Stimulation

Like transcutaneous electrical nerve stimulation, cranial electrotherapy stimulation also generates electrical impulses that are passed into the brain for effective relaxation. The intensity can be controlled by the patient. One advantage of this technique is that it allows patients to resume usual

activity immediately after electricity is powered off.

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