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Hearing Loss: Definitions, Signs, Solutions by Rebecca Kavel

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Being unable to hear is a distressing problem for some individuals. We rely on our sense of hearing to tell us about our surroundings especially in our blind spots. We may not see whatâ€™s behind us, but when we can hear, we know of our surroundings and that lets us react. So what occurs when we lose our ability to hear?

What is hearing loss?

Hearing loss, or hearing impairment, is an auditory problem which prevents our ears from catching sounds. Hearing loss is suffered by people in varying levels. A number can still hear sounds but are hardly audible while others are unable to hear anything at all. This is a frightening thought because we tend to overlook our senses and fail to understand their importance until we lose them.

The three types of hearing loss are conductive, sensory, and neural. Conductive hearing loss is a mild impairment caused by a problem in the outer or middle ear. Sensory hearing loss ensues when the ear cannot catch sounds because its sensors are not functioning efficiently. A connection problem between the brain and the ear triggers neural hearing loss.

How Do I Find Out If I Have Hearing Loss?

When you have difficulty hearing what the person right in front of you is saying, then you perhaps have hearing loss. You can also visit an audiologist who is specially trained to check for hearing loss to analyze the defect. The audiologist will take you through different kinds of tests made to figure out if you have hearing problems. He will then suggest the appropriate hearing aid for you.

What To Do About It?

The treatment for hearing loss depends on its type and severity. Some treatment choices include using ear drops and hearing aids, and surgery for more serious levels of hearing loss. A hearing aid is a tool that functions as an amplifier to help you catch sounds more effectively. Most hearing aid providers have a product list of brands and styles for easy reference.

You can find hearing aids for sale from medical equipment stores that specialize in hearing aids. There are also companies that have specialized on hearing aids and hearing aid accessories to provide this particular requirement. Prices range between $200 and above.

If you want to get more information about hearing aids, you can look for hearing aids online to determine which model is most appropriate for you and your lifestyle. You can also find helpful information on hearing aids by visiting entuk.org.

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Rebecca Kavel - About Author:
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