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Get Slim with Liposuction by [Devid Hussain](#)

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Will you love a fat guy or girl , or say will you agree marrying an obese person under normal circumstances. I would say no, a huge "No". Generally people love to be slim and sleek and even love others of the same category. Being thin is a different story. Dieting alone does not help, here we have a remedy for the obese people called "Liposuction". Lipo means fat and suction is the method of extracting it. Liposuction is a commonly a surgery carried out in many parts of our body to remove the fat content. As there is a limit for everything the amount of fat that can removed is within 30 to 40 pounds.

Liposuction Procedure

This Surgery can be done in various parts of our body like stomach, hips , lower neck, butts, fore arms, thighs, facial areas like chin, calves, chest area. Liposuction surgery is performed by plastic surgeons or dermatologists. Eventhough there are a few side effects, people tend to live healthily and happily. The Lesser the fat removed the lesser the side effects. The procedure involved in the Liposuction treatment is a long process starting from antibiotics, anesthesia, marking of areas where fat is to be removed, sterilising, sucking out fat, to taking photos of after and before conditions. The fat lying underneath the skin is sucked out into bags. This is later also shown to patients as an evidence. Age is an important factor in Liposuction or Tummy Tuck Surgery as persons beyond 45 years are not advised to undergo this surgery but areas like chin can be treated.

Liposuction Techniques

There are many techniques in Liposuction Surgical procedure. They are Tumescant Technique, Dry Technique, Wet Technique, Super Wet Technique, Ultrasonic (UAL), Vaser Liposuction, Power Assisted Techniques (PAL), Laser Liposuction, SmartLipo, CoolLipo, ProLipo PLUS, LipoLite, LipoTherm and LipoControl, Water Jet Assisted Liposuction.

Liposuction in delhi

Liposuction is available in India and is good at the nation's capital. A lot of hospitals like Fortis and many cosmetic clinics are performing this fat removing surgery in Delhi. The hospitals in the Europe and US are charging about \$3000 to \$10000 while you would get an even better treatment at half the price in Delhi. Average prices range around Rs.20,000 to Rs.50,000. Although there has been increasing awareness in body shaping, dieting, cosmetics, Liposuction Desi-costs are within the affordable ranges. Liposuction requires proper consultation before and after the surgery from trained cosmetic surgeon. Dont be afraid of the scars, getting out unwanted fat not only enhances your appearance but also helps us lead a healthy life.

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Devid Hussain is an expert author who writes on various topics with an interesting pitch. Get more information about a [Liposuction](#) on at best a [fat loss](#).

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