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Many people have heard the word Smartlipo on television or read about the treatment in magazines, however very few people have a comprehensive idea of what a Smartlipo treatment actually involves, or the way in which this revolutionary new treatment has evolved. The Smartlipo story began in 2000 when surgeons in Italy and Japan began utilising unique laser technology to provide liposuction procedures which barely required the use of a scalpel, left only a tiny scar and resulted in very little downtime for the patient.

When the Smartlipo procedure was in its infancy in Japan and Italy only a laser was used to break down the fat and surgeons used absolutely no aspiration at all to break down the fat. Of course, this meant that there was very little trauma involved for the patient and the procedure resulted in almost no bruising or swelling, it also meant that the original smartlipo procedures were extremely quick to perform which was advantageous to both patient and surgeon. However, there was a downside to not using aspiration in the original Smartlipo procedure and this was the fact that the results could not be described as entirely consistent, because everyone's body metabolises and excretes fat at different levels.

In 2006 there was something of a turning point for Smartlipo. A specialist laser surgeon on Harley Street saw the machine in Italy and felt that it had enormous potential, despite the sometimes inconsistent results. When the surgeon got the smart lipo machine back to his Harley Street practice he set about improving the Smartlipo procedure. He improved the Smartlipo operation by adding aspiration to the procedure, producing the best Smartlipo results ever seen.

Smart lipo quickly created a buzz through Harley Street and in London where surgeons all wanted to learn more about this revolutionary new treatment and patients clamoured to be the first to try smart lipo on Harley Street in London. Soon the fuss about smart lipo died down on Harley Street, however then another unexpected improvement to the system was made. When the smart lipo MPX became available an already fantastic treatment became even better. The Smartlipo MPX used two lasers making it even more powerful than the original Smartlipo machine from Italy.

Surgeons were extremely impressed with the Smartlipo MPX machine and suspected that the Smartlipo procedure could be improved no further. However they were wrong, when yet another, still more powerful Smartlipo machine arrived. The Smartlipo triplex is currently the most powerful Smartlipo system available, the Smartlipo triplex uses three lasers, making the Smartlipo triplex the most efficient Smartlipo machine ever.

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London medical & aesthetic clinic is UK's one of the leading clinics offers a wide range of treatment including Smartlipo and a [laser hair removal](#).

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