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Fighting acne using laser skin treatment by Canberra Marketing

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There may be only a few fortunate people on the planet who have gone without being troubled by acne their whole lives. For the rest, acne has been a problem at one time or another. Thanks to advancing technology however, there are now many different acne scar treatment methods that can help us treat these scars. Before you can understand how acne scar skin care works, however, you need to know about different types of acne

In general, there are two types of acne scars, the pigmented scars and the pitted ones. Pigmented scars can be red or brown in colour. They usually fade away after treatment, or they can disappear on their own after a few weeks or months.

Pitted scars occur when damage is done to the skin tissue underneath the acne. Such scars look like indentations on the skin and have their own methods for removal or concealment. Acne scar removal for pigmented scars involves using lotions that have whitening compounds. Such compounds can remove the pigment from the scar and even out one's pigmentation. Acne scar skin care is a little more complicated for pitted scars, as these scars are tricky to erase. Once the cells surrounding the scars start producing these proteins, the skin can be plumper, and the depth of the scars can be made shallower, further reducing their pockmarked appearance.

Laser skin treatment can also be used to fight acne scarring. Laser treatment burns scar tissue off from the surface of the skin, which stimulates the underlying skin to tighten. Such a technique injures the skin and exposes underlying tissue, so that people undergoing ablative laser treatment have to likewise be protected from infection. Moreover, because laser therapy can be painful, doctors apply anaesthetics to the skin before undertaking any laser practice.

Latest laser treatment can bring changes in the underlying skin tissue without doing injury to the epidermis, or the surface of the skin. Such laser therapy is relatively fast as it heats up the oil glands in the skin, preventing acne from forming and also tightens the underlying skin, so that scarring is less visible. Another type of laser therapy makes use of the yellow pulse dye laser, a machine that operates using yellow light. This method treats colloids, and can squash or reduce irritation of raised scars.

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Canberra Marketing - About Author:
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