



Article Side

Elektrische Zigaretten: Switch to the Harmless and Aromatic Elektro Zigarett by [Adam Hoch](#)

Article published on June 29th 2012 | [Health](#)

It is a foregone conclusion that smoking can kill. Every smoker is familiar with the toxic effects of a cigarette but is still unable to quit smoking. In fact, research shows that more than 90% of smokers try to quit but are unable to do so. Hence, experts have invented elektro zigarett which is a harmless form of cigarette. The great thing about this electronic cigarette is that it is similar in taste to an ordinary cigarette. The only difference is that whereas your traditional cigarette is extremely harmful, an elektrische zigaretten is toxic-free.

Smoking is intensely damaging to lungs and heart. If you are a chain smoker, you are surely doing your body a great disservice. However, if you are unable to quit, then the next best alternative will be to switch to an electric cigarette. And if you think that electric cigarettes won't give you any pleasure, then you are entirely wrong. As stated above, electronic cigarettes are similar to the ordinary cigarettes in smell and taste. The only difference is that they do not contain the harmful nicotine but use an aromatic steam to give perfumed taste.

Some of the notable features of an elektro zigarett can be summed up as:

- i. Safest form of smoking: If you have decided, that you cannot stop smoking, then you should mandatorily switch over to using an electronic cigarette. It is completely safe and does not harm your organs at all. Though, it would be better to quit smoking altogether, still if you are unable to give up smoking, you should better switch to this modern & safe form of smoking to preserve your lungs.
- ii. Pleasure: Electronic cigarettes give great pleasure to the smoker. In fact, some say that you get a higher pleasure than the normal cigarette. Moreover, electric cigarettes are available in several different flavors. You are free to smoke the flavor that you like. All the flavors are nicotine-free and are completely safe.
- iii. No noxious fumes: An ordinary cigarette emits lots of noxious fumes which have a detrimental effect on your vital organs (heart, lungs, kidney, etc). On the other hand, the so-called electric cigarette does not emit any toxic fume. It just emits vapor of an aromatic liquid which despite being seductive is not at all harmful. With these cigarettes, you can smoke away to good health.
- iv. Modern technology: These cigarettes have been manufactured using latest technology. The inventors of electronic cigarettes must be credited for coming up with such a safe alternative. Now, many lungs & livers can be saved.
- v. Thoroughly recommended: Even physicians thoroughly recommend the use of an elektrische zigaretten. More and more doctors are recommending electric cigarettes to their patients so that they may lead a healthy and long life. No doubt, this cigarette has emerged as a boon in the modern age.
- vi. No risk of passive smoking: Once you switch to electric cigarette, you also do great service to your friends and family members since they are not affected by fumes. Dangers of passive smoking are completely eliminated.

So, switch to electric cigarette and make your life a healthier one.

Article Source:

<http://www.articleside.com/health-articles/elektrische-zigaretten-switch-to-the-harmless-and-aromatic-elektro-zigarette.htm> - [Article Side](#)

[Adam Hoch](#) - About Author:

The author is an expert writer with rich knowledge about a [electronic cigarettes](#). At present, the author is writing on different topics like e-Zigarette, elektro zigarette, elektrische zigaretten etc. For mor information a [click here](#).

Article Keywords:

elektro zigarette, elektrische zigaretten

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!