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If you are a chain smoker and want the best alternative of smoking, you should use electronic cigarette (e cig). E cigs are better than real cigarettes as these cigs reduce the harmful effects of smoking. This is because e cigs deliver only pure nicotine hit to a smoker whenever he smokes. You can choose from the variety of flavours that add more pleasure to smoking. A real cigarette contains almost 4000 harmful chemicals which include carbon mono oxide, tar, arsenic, cyanide etc. These chemicals usually enter your lungs, damage them and even cause cancer.

Electronic cigarette an electrical gadget which is operated with a battery which means you can use it for a longer period of time. E cigs are cost efficient and you can save upto thousands of pounds every year. One cartridge is equivalent to 25 real cigarettes. These cigarettes are so you can use them in public places without restrictions. E cigs cause no side effects to second hand smokers. Thus, it can be used in malls, hotels, parks, airport etc.

Working of an E Cig

An e-cigarette is formed of a battery, a cartridge and an atomiser together. A battery is used to produce charge for a coil. Battery is rechargeable and is made up of lithium with an inbuilt sensor which automatically starts working as soon as a smoker inhales. An atomiser contains a coil and a coil is given, to vapourise e-liquid to produce vapours. A cartridge is a mouthpiece and contains the soaked wadding of e-liquid. E-liquid is used to produce vapours during smoking. Smoke produced while smoking is the same smoke used in movies and night clubs to produce fog.

Benefits of E-Cigarette over Real Cigarette?

These cigarettes last long as a single cartridge can last for around 300 puffs which is equal to almost 30 cigarettes. Also, e-liquid contains only pure nicotine, vegetable glycerine and no other harmful chemicals. You might have used nicotine gum to quit smoking. It is just the same but it is an alternative. You are not going to leave cigarette but you will be preventing yourself from inhaling harmful chemicals. Research is still going on the harmful effects of smoking but it is not yet proved whether e cigs cause side effects or not. But, it is for sure that these cigarettes are far better than the real cigarettes.

If you want to quit smoking and tried your best but still failed, you should try electronic cigarettes now. We assure that you will love to use it. If you are an existing user of electronic cigarettes, you can find your refills on our website and if you are a new one, you can find out starter kits at an unbeatable price range. We sell variety of flavours to add more pleasure during smoking.

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Easy remedy to quit smoking is here. a Electronic cigarettes are the best option available to replace the regular cigarettes that kill. Know more here a http://www.electroniccigaretteinfo.co.uk

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