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For over 2700 years, the medical branch of plastic surgery has already been practiced. It involves the correction and reconstruction of the body's form and function. The most ancient recorded operations were done in India by 800 BC which, a few hundred years later, played a role in the advance of the plastic and cataract surgery. Nowadays, plastic surgery has evolved into one of the biggest medical specialties treating numerous body problems, avoiding probable diseases, and improving physical appearance.

The two branches of plastic surgery are reconstructive and cosmetic. Reconstructive surgery is recognized from cosmetic plastic surgery by its focus on the correction of functional problems, enhancing appearance and stopping possible difficulties from arising. Cosmetic plastic surgery, however, is more physical improvement. It is also utilized to maintain a physical appearance or to repair it when affected by climatic elements.

Reconstructive plastic surgery normally deals with genetic abnormalities and burns, along traumatic injuries like facial bone fractures. The most common procedures categorized as reconstructive include breast reduction, scar repair, and tumor removal. Plastic surgeons in huge states like Arizona execute different procedures in transferring tissue from one part of the body to another. In some cases, tissues from another source are utilized, a process called allografting. Tissues taken from another species, however, are called xenografts.

Cosmetic plastic surgery is practiced in a greater scale in various parts of the globe. In the US alone, around a million procedures are totaled to the overall number of operations performed every year. The five most frequent cosmetic surgeries are liposuction, breast augmentation, nasal surgery, eyelid surgery, and abdominoplasty. These operations are conducted in many countries, including the United Kingdom, France, and Germany. Cosmetic plastic surgery Arizona surgeons do comprises more than half of the overall plastic surgeries completed in clinics and offices.

Liposuction and breast augmentation are the most in demand cosmetic plastic surgeries. They utilize reverse processes in that breast augmentation guarantees any safe procedure to enhance the size, form, and feel of the bosom, while liposuction lessens the size and form of a specific area of the body by sucking up the fat. An Arizona plastic surgeon also includes liposuction in other operations such as abdominoplasty.

Undergoing any procedure requires a patient to undertake three phases: pre-operative, actual operation, and post-operative. In plastic surgeon Arizona features doctors who dutifully informs patients with the benefits and risks of the process and gives instruction to hasten recovery during the post-operative step.

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