



Article published on April 25th 2012 | [Health](#)

Finding a good cosmetic dentist is not easy. It requires careful consideration. Cosmetic dentists are many and cosmetic dentistry procedures are varied. There is no referral system or a third party insurance overseer to help out. Much inter-disciplinary care is required in cosmetic dentistry procedures which further complicate choosing a competent dentist.

Referrals for Cosmetic Dentists

It is advisable to ask your regular dentist, who does your routine dental checks, to recommend a cosmetic dentist since he knows exactly the state of your oral health. However, further assessment might be necessary before proceeding with cosmetic dentistry depending on the condition of the teeth, the supporting bone structure, occlusion, and gums. Therefore, your regular dentist may start by referring you to a periodontist, orthodontist, prosthodontist, oral maxillofacial surgeon or endodontist. Also, the durability of the cosmetic dental restorations depends on the condition of the gums, teeth, supporting bone structure and occlusion as well. Hence, treatment may be necessary prior to commencing the cosmetic dentistry treatment itself. In certain cases, a full mouth reconstruction may be required as part of the treatment. Consult friends, colleagues, business partners or neighbors to suggest cosmetic dentists as they might have undergone cosmetic dentistry Holborn smile makeover treatment as well and could be in a better position to guide you.

Narrow the Choices

It would be helpful to know in advance the level of experience of each of the cosmetic dentists that are under consideration before making an appointment for consultation. It is also a good idea to investigate whether the cosmetic dentist London has enough skills to carry out full mouth reconstruction in case the need arises for it later on. She/he could be directing patients to other professionals for similar cosmetic dentistry Holborn treatments. Therefore, it would be beneficial to find out whether the cosmetic dentist London is accredited by any credible, professional cosmetic dentistry body. It will serve as an advantage to research about the body too that provides accreditation to the cosmetic dentist. This would mean evaluating their criterion of selection and assessing how competitive the examinations conducted by them are. Analyze whether enough emphasis is given by them to ethical standards for awarding this qualification. All these factors will assist in making an informed decision in selecting a cosmetic dentist.

Criteria

Experience - Find out how long she/he has been practicing. Check the photographs of patients that they have provided before and after the cosmetic dentistry Holborn procedures and investigate if they are photographs of actual patients treated by the given dentist. The results should be pleasing.

Knowledge - Find out how broad the cosmetic dentist London's practice is. Ask her/him to show study models, images using imaging technology and/or bonding previews when recommending and demonstrating procedure options.

Technologies - Check whether the cosmetic dentist possesses dental technologies and equipment that will be necessary for your treatment. Such technologies include lasers, intra-oral imaging, caries detection devices and CAD/CAM restoration.

Comfort - Find out if she/he caters to patient comforts, for instance providing headphones to

patients and playing calming music to make them relax, providing sedation dentistry when necessary, providing comfort seats and spa services that make the procedure more relaxing and anxiety-free.

Emergencies - Find out if cosmetic dentist London is prepared for emergencies and whether the dentist provides this service himself or instructs a staff member to do it. Also, check if there is provision for the cosmetic dentist to be contacted in person in case of emergency.

Article Source:

<http://www.articleside.com/health-articles/choosing-a-cosmetic-dentist.htm> - [Article Side](#)

[Pendragon Health](#) - About Author:

Pendragon Health, a leading Cosmetic Dentistry clinic, is situated in London, UK. We have an excellent team of cosmetic dentists who provide the highest level of patient care in different treatments like a [Smile Makeover](#) and Dental Implants.

Article Keywords:

Cosmetic dentistry, Cosmetic dentist, Cosmetic dentistry London, London Cosmetic Dentistry, London cosmetic dentist, cosmetic dentist London

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!