



## Article Side

Check your Heart's™s Coronary Calcium Score and Live Life to its Fullest, says New York Cardiologist by [NewYorkCardiacCenter](#)

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What is it?

Coronary calcium score is a specialized X-ray test done to check the calcium build up on the artery walls of the heart. It is used to assess the heart diseases at initial stage and its prognosis.

It is a human mechanism that coronary arteries supply blood to heart. If it suffers from the accumulation of calcium then there is suspicion that you are suffering from coronary artery disease (CAD). One of the scans done to detect this disease is known as Coronary calcium scan.

The scan is done via taking picture of the heart recorded on the computer to assess the accumulation of calcium in arteries.

Why It Is Done?

It is mainly done to check out the initial problems related to heart. Moreover, if the New York based Cardiologist feels it is abnormal then further testing may be done. It can be done for anyone who is at low or intermediate risk for heart disease.

The coronary calcium scan test is a screening test for CAD.

What are the requirements for the coronary calcium test?

It is a simple test and doesn't require any super arrangements for it. Just keep in mind not to drink or smoke before undertaking the test. Avoid drinking coffee or tea too.

What is the procedure of Coronary scan?

The respective test for coronary calcium may be undertaken under the guidance of a technician. The general report for the test is read by radiologist, in New York City.

During the coronary test process, electrodes are kept on the patients chest and the EKG machine connected with wires. At the time of scan, the patient lie calmly on bed in relaxed manner. The picture or record of heart beat is taken over the EKG machine to show the real status of heart arteries.

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[coronary calcium score](#) for your heart along with a consultation with a top New York City Cardiologist to enjoy the healthy and good lifestyle! For more details, you can visit [www.newyorkcardiac.com](http://www.newyorkcardiac.com).

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