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A brief guide to the color vision test by [Sharen](#)

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When you have trouble identifying some colors, it may be a good idea to take a color vision test. This is normally a non-invasive test carried out by a professional such as an ophthalmologist to try and figure out whether you can identify some colors or not. One of the most common forms of color blindness is red-blue blindness, in which one is not able to tell the difference between red and blue colors. There are other kinds of color blindness, and all of them can be identified by these tests.

When you want to verify the presence of color blindness, you don't necessarily have to visit an ophthalmologist, though it's recommended that you do. You could go online and find some of the color vision tests and then use them to diagnose yourself. This is an easy way to go about it as you don't need to even leave your home in order to find out whether you are color blind or not. In addition to that, you can also learn more about the condition by consulting some of the online websites which are normally very good at dispensing such information in an easy to understand manner.

There are times, however, when you absolutely need to visit an ophthalmologist for the color vision test. For instance, if your ability to tell apart certain colors came about suddenly, then you would need to visit the ophthalmologist as soon as possible so as to find out whether this can be reversed or not. It is also critical to visit a doctor as soon as possible if it occurs acutely as it could be a sign of an underlying problem, such as a disease of your optic nerve or brain. Visiting a doctor will quickly provide clues as to what the problem is.

If you have been color blind since birth, you should also consider taking your children for the color vision test as soon as possible. Normally, this has to be done when the children can talk, since the test relies on verbal responses. The reason why it's a good idea to have your children tested is that color blindness is a heritable disease, which means that you can pass it on to your children. If you pass on the condition to your children, it will make life less confusing for them as they are growing up, especially when they go to school where they would need to learn about colors or tell them apart.

The color vision test is one that is not painful, even though a few people think that it is. In essence, all you would be required to do during such a test would be to look at a picture and then tell the ophthalmologist what you see. Based on your responses, the doctor will then be able to deduce if you are suffering from color blindness or not. If you are, he or she would also be able to categorize the kind of color blindness you are suffering from, all without having to use any other kind of equipment.

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