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Grow Backyard Garden for Your Fresh Vegetables by Paul Empey

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If you are going to be doing some gardening watch out for stink bugs, especially in the fall! They enjoy tomatoes, peppers, beans, and many different varieties of fruits. If kept unchecked they can certainly do a ton of a damage to your work to grow backyard garden for your fresh vegetables. Therefore do whatever you need to do to reduce and eliminate their population.

A great way to maximize garden potential is to plant perennials. Some edible vegetables will come back year after year with minimal maintenance like weeding, mulching, and fertilizing. Asparagus, bunching onions, and horseradish all will come back every year.

Depending upon climate, there are many options to grow backyard garden organic vegetables for a maximum yield.

If your green thumb starts to wilt during those long winter months when your garden is buried beneath a foot of snow, learn how to grow microgreens to provide yourself with fresh, healthy salads, sandwich toppings and garnishes all year round.

Microgreens require very little sunlight and are easy to grow indoors. Some common microgreens to grow backyard garden include kale, dill, basil, spinach, and chard.

Plant vegetables and flowers that are native to your local area. These plants will grow better with less work than plants that are not native. Also, native plants won't require much extra watering, as they will generally adapt to the amount of rain typical to that area.

This will also reduce your need for pesticides and fertilizers, since the plants will be able to handle the soil and pests in your area.

When you boil or steam vegetables for cooking, let the water cool and then use it to water your backyard garden. Not only does this reduce your overall water usage, it provides a useful source of nutrients to your place. Your potted plants, especially, will appreciate the extra nutrients provided by your vegetable water.

When uprooting a perennial plant, you should start digging at its drip line. Dig a trench around the plant, and cut any roots that extend beyond that trench. You can tie stems together to avoid damaging the plant during the process. Once all the roots are severed lift the plant carefully by its main stem.

Growing compost piles are a great alternative to buying traditional fertilizer.

Compost piles are composed of organic material that slowly deteriorates making a nutrient-rich soil to grow backyard garden with. It presents both a great way of ridding yourself of banana peels and other organic compounds, while providing your garden plants with a nitrogen rich mixture that will promote increased growth.

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