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Private duty care is a service provided by homecare facilities to individuals who have trouble taking care of themselves. The service is provided in the client's homes by skilled or trained professionals so that all life assistance and health provisions are met. More often, the clients are people with medical conditions that require constant monitoring or the elderly. Life assistance services include things that you do on a daily basis like light housekeeping, meal preparation, eating, walking, using the toilet, dressing, bathing and running errands. Health care includes physical therapy, wound care and taking medication.

Some homecare facilities also offer administrative assistance which is basically companionship and checking the doctor's appointments. Additionally, if required, the homecare service provider can prepare light meals and also major meals like supper, lunch and breakfast. They are trained on ways to prepare foods that meet certain restrictions, based on the client's health condition. The food is prepared and then served by the care giver and if there are certain foods that the client cannot eat, then such information should be provided in advance. Basic cleaning services are also provided for different parts of the house and will include washing of any laundry.

Different service providers offer different services but most of them customize the services to meet the needs of the client. The service is preferred by most families because it is more beneficial and convenient for the family and the client. The reason for the preference is because the client gets more attention unlike being a resident in the facility where one staff is shared. This means that the client or patient will get immediate assistance when required and monitored very well. Also, parents will be more comfortable and at ease in a familiar environment. This is especially true to elderly parents who may feel unloved and unwanted when they are admitted to a homecare facility.

Unlike in the facilities where there are strict rules and schedules, staying in their own homes give the clients a relaxing feel. The atmosphere at home is beneficial for individuals who are sensitive or irritable because it will eliminate the feeling of being sent away. Studies reveal that people with medical conditions or the elderly recover quickly when they come home once they get out of hospital. The ambience at home makes the patient feel better resulting in improved psychological and physical conditions as well as speedy recovery. When the client is at home, the family and friends have ease of access to them, making everyone happier.

Knowing that your loved one is being taken care of at home, gives family members relief from worrying if they do not have the time to visit the facilities. However, for private duty care to be successful, everyone should fully play their role. The care provider should be diligent, patient, competent and flexible in order to adjust to the requirements of the clients. On the other hand, the client should make sure the house is a safe and convenient environment for private care to be provided.

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