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Teeth Whitening Options in Brisbane

by Ben Bradshaw

Article published on April 18th 2012 | Fitness

Discolored and unattractive teeth can be a cause of concern for many making them hesitant to go out and mingle with people confidently. Tooth whitening is the quickest and most cost effective way to re-establish the confidence making people sure of their appearance. There are many dental specialists in Brisbane, Australia who offer effective teeth whitening services to improve your smile.

Teeth Whitening Options Available in Brisbane

Teeth whitening procedure is nothing but a bleaching process that lightens the discolored enamel of your teeth caused by aging, coffee, tea, tobacco, red wineÂ and unwarranted fluoride. Teeth whitening is an established procedure in cosmetic dentistry, and with the help of an experienced teeth whitening Brisbane specialist, you can confidently go for the treatment. In-office and at-home treatments are the two major options available.

In-office Teeth Whitening Treatment

In-office therapies or dentist in-surgery teeth whitening therapies require visit to a dental office and are performed by the dentist. Zoom whitening, laser whitening and bleaching are some of the methods used in in-office teeth whitening treatments. These methods involve the use of hydrogen peroxide chemical. Naturally beautiful and radiant looking smile can be achieved in a one-two hour dental appointment. Zoom whitening, touted as one of the premier light-activated teeth whitening systems in the world, id offered by most of the teeth whitening Brisbane specialists.

Within just one treatment, you can achieve 8 to 10 shades lighter teeth. Bleaching of teeth is achieved by using whitening solutions such as hydrogen peroxide and carbamide peroxide, which are safe chemicals. These chemicals permeate into the pores of the teeth and breaks down the discoloration components. How fast and effectively the bleaching agent can permeate through the teeth microstructure is the major determinant factor of the efficacy o these treatments. Porcelain veneers, crowns, bonding etc. are false teeth coverings that will be strategically placed on the teeth. This process does not involve the use of chemical compounds and are safer.

At-Home Teeth Whitening Treatments

In-office treatments offered by teeth whitening Brisbane clinics are sometimes combined with at-home therapies. Take-home tooth whitening options are introduced by most teeth whitening Brisbane clinics to cater to customersâ€™ convenience. By staying in the comfort and convenience of home patients can brighten up their smile. During your visit to the dental office, the dentist will take an impression of your teeth and create customized mouth trays. The patient needs to fill this tray with the required amount of whitening solution and insert it into his/her mouth. Every night for the prescribed time period the patient need to keep this tray over mouth. The result is ultimate dazzling pearly white teeth! Accuracy of the tray fit and amount of bleaching solution are the deciding factors here. After convincing yourself of the need for taking up Brisbane teeth whitening service, you need to ensure that you are dealing with proven experts in the field.

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Ben Bradshaw - About Author:
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Article Keywords:
teeth whitening Brisbane,family dentist Brisbane,cosmetic dentistry brisbane

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