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Liposuction Trends in Los Angeles by [Alyssa Lauren](#)

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Liposuction, which is also known as lipoplasty, liposculpture suction lipectomy, or quite simply, lipo, is based on an European curettage technique, but the primitive technique gave irregular and disease-susceptible results, leaving fat reduction as a not-yet-available, futuristic method for cosmetic enhancement. It wasn't until the 1980s when modern liposuction as we know it came to be. And now, over 30 years after the first actual liposuction, advancements in surgical technology have allowed more fat cells to be more easily removed with less risk, discomfort, and blood loss. According to the most recent figure released by the American Society for Aesthetic Plastic Surgery, liposuction was the most common procedure performed in 2011- having a near 13% increase from the previous year.

In the past, women have shied away from drawing attention to their rear ends, but with celebrities known for their curvaceous backsides- such as Kim Kardashian, J-Lo, and Beyonce- all ending up on "Most Beautiful Body" lists everywhere, it seems as though society and popular culture has come to embrace a woman's shapely derriere. The advent of giving prominence to the female's buttocks perhaps a reason for the recent surge in liposuction's popularity. Brazilian Butt Lifts are becoming an increasingly common form of sought-after liposuction surgery. In a nutshell, this procedure is buttock augmentation via fat transfer to the buttock; essentially, you can now liposuction unwanted fat from a certain part of the body, say your abdomen or thighs, and strategically transfer them to your buttocks to produce the desired shape. Although patients are discouraged from sitting for the first two weeks in order to encourage new cell growth, they can expect up to a 25% increase in the size of their buttocks after the procedure, with the results being (theoretically) permanent.

Because of recent trends and its rising popularity, buttock augmentation surgery and liposuction recovery Los Angeles technology has been on the media and technological developments forefront. Revolutionary methods within the field of liposuction have cut surgery and recovery times while raising patients' satisfaction levels. These recent developments mean buttock augmentation surgery needs to neither use buttock implants anymore nor use general anesthesia (which is more costly and riskier than local anesthesia). Patients are now able to stay awake during their entire buttock augmentation procedure while experiencing only very little discomfort. Since patients are getting their own fat transferred, the chances of tissue rejection are very low, and the results are smoother and more natural looking than with traditional buttock augmentation surgeries, as evidenced by liposuction before and after pictures.

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