Amberen for Hot Flash Relief by Robin Tylor

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The word menopause conjures whispers and murmurs from older women to younger women proclaiming dread and disbelief at the onset of the mid-life curse. Menopause, however, need not conjure terror. With an overwhelming market of menopause products, treating the symptoms with just the right product can be daunting.

Facial flushing, embarrassing perspiration, chilling, and damp sensations along the face, neck, and shoulders, enter menopause. However, there are options. Approximately 92.6 percent of women who try Amberen purchase this powerful menopause manager. Women are anxious and frustrated at the lack of control over their hot flashes. Today they can reach for this clinically tested, hot flash relief, hormone booster. Amberen increases the bodyâ€™s natural production of estrogen. With a variety of safe and transformative ingredients, Amberen has no competition in the treatment of menopause symptoms.

Menopause

As women between the ages of 45 and 55 enter the onset of menopause, estrogen and progesterone levels wane. Decreasing hormone levels can leave women with debilitating symptoms of hot flashes; night sweats anxiety, poor concentration, irregular periods, as well as a myriad of other uncomfortable and embarrassing symptoms. With such distress, women reach for untested, over-the-counter remedies that simply mask symptoms. Phytoestrogenic compounds made up of plant and animal hormones can put women at risk for heart disease, breast, and ovarian cancers. In addition, some of these products increase long-term use and stop the bodyâ€™s natural production of estrogen and progesterone. Herbal remedies may address some symptoms but may take weeks to work.

Hot Flash Relief

In the case of hot flashes, estrogen once monitored the bodyâ€™s temperature at a comfortable 98.6 digress Fahrenheit. With brief interruptions of illness or injury, only, this thermostat breaks down during menopause. Instantly, the hypothalamus rushes in to reset the bodyâ€™s temperature. Hot flashes can cause facial flushing, anxiety, perspiration, accompanying chills and even the late night sweats. Womenâ€™s clothes are damp at work and perspiration leaves their hair looking a wreck. Additionally, women never know when the next hot flash will hit. Who needs these out of control symptoms when there is Amberen?

Amberen Hot Flash Relief Features

Amberen hot flash relief features increase the bodyâ€™s natural healing powers. With safe and healing elements, this product addresses nervous and cardiovascular system deficiencies. It helps boost metabolism and decrease free radical growth. This potent, safe, hot flash relief product is a masterful tool in the fight against debilitating menopause symptoms.

Waning estrogen levels diminish the bodyâ€™s ability to send and receive messages from the central nervous system to specific organ. Decreasing hormones reduce the effectiveness of the cardiovascular system. Feeling fatigued and worn out after a hot flash is the side effect of toxins free to move about the bloodstream. Amberen is the master over a myriad of menopause symptoms. Managing each of these issues with gentle, safe ingredients, this hot flash relief is effective for night sweat and hot flash relief any time of day.

Women suffer from the debilitating symptoms of perspiration, chills, mood fluctuations and even lightheadedness and lack of concentration from hot flashes. Amberen gives women peace of mind and a regulated body temperature. With no side effects, no risks to sufferers and actually no risk at all women are confident and hot flash free. Menopausal women can try Amberen risk-free for Menopause and hot flash relief.

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Read about a Hot Flash Relief which may come as a form of a lifestyle change, or an alternate therapy also know more about a Menopause and Weight Gain.

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