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Where to Begin First of all you should ensure that your hair is in good condition. Use the right shampoos and conditioners for your style of hair and if necessary get professional treatment from your local Hair Salon. Healthy well conditioned hair will maintain the colour for longer. A few days before your colouring apply a hot oil solution which will condition and prepare your hair for the colouring process. It is important to note that you shouldnâ€™t over wash your hair as this will remove some of the hairs natural oils. Instead, wash your hair the day after you have applied the hot oil treatment. Washing tip â€“ Because your hair can suffer from a build up of hair products, use a clarifying or detoxifying shampoo to ensure the hair is as clean as possible. No need to follow this wash with conditioner this time, we want clean hair to give you more even tones. Hair colour choice.

The best advice is to go a shade or two lighter or darker than your natural colour if you plan on doing your hair colouration at home. Any further than this, we advise should be left in the hands of your local hair salons stylists. Also test if possible to see if you are allergic to the colouring product and to test if the colour give you the desired result. What to do After Hair dyes take time to settle and take a hold of your hair therefore give them at least two days before washing. As ever it is so important to use the correct shampoo and conditioner, in this instance look out for those made especially for colour treated hair. Some of the better shampoos and conditioners now have built in UV protection which can help prevent colour fade due to exposure to the sun. To enhance your colour further consider using a gloss. These products are great at adding more vibrancy to your chosen colour.

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